



KORCSOPORTOS EREDMÉNY

400 m férfi gyors

1. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
felnőtt	03:34.32	BERNEK Péter	Doha (QAT)	2014/12/05
18	03:39.89	MILÁK Kristóf	Százhalombatta	2018/11/08
17	03:43.50	MILÁK Kristóf	Százhalombatta	2017/11/08
16	03:46.25	MÁRTON Richárd	Százhalombatta	2015/11/12
15	03:50.28	MÁRTON Richárd	Százhalombatta	2014/11/06
14	03:52.94	PÁPAI Olivér	II. Utánpótlás Rövidpályás	2023/11/29
13	03:59.97	PÁPAI Olivér	Szeged	2022/12/08
12	04:19.00	SZABÓ Marcell	Hódmezővásárhely	2022/10/16

2007 és idősebbek

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA
1.	10/5	KOVÁCS Attila	2004		Egri Úszó Klub SE	03:52.00		
	50m	26.11	100m	55.22	150m	01:24.87	200m	01:54.58
				29.11		29.65		29.71
					250m	02:23.78	300m	02:53.34
						29.20		29.56
2.	10/6	KOVÁCS-SERES Hunor	2006		DKSE Dunaújváros	03:55.34	+03.34	
	50m	26.80	100m	55.92	150m	01:25.50	200m	01:55.37
				29.12		29.58		29.87
					250m	02:25.19	300m	02:55.38
						29.82		30.19
3.	10/4	POTECZIN Dániel	2006		Érdi Vízisport Kft	03:56.82	+04.82	
	50m	27.41	100m	57.37	150m	01:27.38	200m	01:57.49
				29.96		30.01		30.11
					250m	02:27.53	300m	02:57.93
						30.40		30.40
4.	1/4	TÓTH Benedek Viktor	2006		Kőbánya Sport Club	03:57.20	+05.20	
	50m	26.96	100m	56.29	150m	01:25.94	200m	01:56.09
				29.33		29.65		30.15
					250m	02:26.63	300m	02:57.28
						30.54		30.65
5.	8/4	ZANYI Ferdinánd Tamás	2007		Lőrinc Swim Team	03:58.76	+06.76	
	50m	26.78	100m	55.89	150m	01:25.90	200m	01:56.48
				29.11		30.01		30.58
					250m	02:27.43	300m	02:58.39
						30.95		30.96
6.	10/0	GYÖRE Ádám	2004		Egri Úszó Klub SE	03:59.40	+07.40	
	50m	27.26	100m	56.87	150m	01:26.56	200m	01:56.45
				29.61		29.69		29.89
					250m	02:26.98	300m	02:57.56
						30.53		30.58
7.	2/0	MAGDA Boldizsár	2005		BVSC-Zugló	03:59.45	+07.45	
	50m	26.15	100m	55.02	150m	01:25.31	200m	01:56.02
				28.87		30.29		30.71
					250m	02:26.77	300m	02:57.48
						30.75		30.71
8.	10/8	DUCA Stefan-Mircea	2006		BVSC-Zugló	04:01.51	+09.51	
	50m	27.86	100m	58.14	150m	01:29.07	200m	01:59.99
				30.28		30.93		30.92
					250m	02:30.69	300m	03:01.80
						30.70		31.11
9.	10/7	KALÓ Kristóf	2007		Egri Úszó Klub SE	04:01.53	+09.53	
	50m	27.95	100m	58.59	150m	01:29.65	200m	02:00.59
				30.64		31.06		30.94
					250m	02:31.14	300m	03:02.08
						30.55		30.94
10.	10/9	SZAPPANOS Kristóf	2007		Budaörsi Sport Club	04:02.24	+10.24	
	50m	27.72	100m	58.45	150m	01:29.50	200m	02:00.33
				30.73		31.05		30.83
					250m	02:30.82	300m	03:01.78
						30.49		30.96
11.	9/6	PALKOVICS Olivér	2007		Lőrinc Swim Team	04:03.69	+11.69	
	50m	27.66	100m	57.91	150m	01:28.79	200m	02:00.20
				30.25		30.88		31.41
					250m	02:31.52	300m	03:03.00
						31.32		31.48
12.	1/5	BAGI Zoltán	2007		BVSC-Zugló	04:07.02	+15.02	
	50m	27.17	100m	57.41	150m	01:28.56	200m	02:00.55
				30.24		31.15		31.99
					250m	02:32.72	300m	03:05.17
						32.17		32.45
13.	10/2	VERSITZ Ákos	2004		FTC	04:07.73	+15.73	
	50m	27.73	100m	58.37	150m	01:29.66	200m	02:00.54
				30.64		31.29		30.88
					250m	02:32.24	300m	03:03.85
						31.70		31.61
14.	7/4	SZÚCS Ádám Zoltán	2004		FTC	04:09.00	+17.00	
	50m	27.32	100m	57.79	150m	01:29.81	200m	02:02.47
				30.47		32.02		32.66
					250m	02:35.38	300m	03:08.06
						32.91		32.68
15.	8/6	GÁLICZ Péter	2000		FTC	04:11.35	+19.35	
	50m	28.64	100m	59.55	150m	01:31.24	200m	02:03.94
				30.91		31.69		32.70
					250m	02:36.01	300m	03:08.11
						32.07		32.10
16.	9/7	HUSZÁR László	2007		FTC	04:12.91	+20.91	
	50m	29.61	100m	01:01.24	150m	01:33.30	200m	02:05.41
				31.63		32.06		32.11
					250m	02:37.71	300m	03:09.88
						32.30		32.17
17.	9/9	KUKHALASVILI Luka	2002		MÚSZ WA	04:13.03	+21.03	
	50m	28.07	100m	59.18	150m	01:31.08	200m	02:03.63
				31.11		31.90		32.55
					250m	02:35.80	300m	03:08.06
						32.17		32.26
18.	7/3	KURUCZ Bendegúz	2007		FTC	04:13.10	+21.10	
	50m	28.26	100m	59.95	150m	01:32.39	200m	02:05.15
				31.69		32.44		32.76
					250m	02:37.72	300m	03:10.25
						32.57		32.53
19.	2/9	DOMINIÁK Ferenc	2004		BVSC-Zugló	04:14.35	+22.35	
	50m	27.35	100m	58.81	150m	01:31.18	200m	02:04.10
				31.46		32.37		32.92
					250m	02:36.90	300m	03:10.06
						32.80		33.16
20.	8/0	MARKOVICS Benedek	2007		DKSE Dunaújváros	04:14.48	+22.48	
	50m	29.27	100m	01:00.89	150m	01:32.86	200m	02:05.02
				31.62		31.97		32.16
					250m	02:37.28	300m	03:09.82
						32.26		32.54



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felőtt	03:34.32	BERNEK Péter	Doha (QAT)	2014/12/05
18	03:39.89	MILÁK Kristóf	Százhalombatta	2018/11/08
17	03:43.50	MILÁK Kristóf	Százhalombatta	2017/11/08
16	03:46.25	MÁRTON Richárd	Százhalombatta	2015/11/12
15	03:50.28	MÁRTON Richárd	Százhalombatta	2014/11/06
14	03:52.94	PÁPAI Olivér	II. Utánpótlás Rövidpályás	2023/11/29
13	03:59.97	PÁPAI Olivér	Szeged	2022/12/08
12	04:19.00	SZABÓ Marcell	Hódmezővásárhely	2022/10/16

2007 és idősebbek

Hely	Pálya	Név					Szül.	Orsz.	Klub					Idő	Gap		AQUA
21.	8/2	NAGY Bence					2007		Újpesti Torna Egylet					04:14.77			+22.77
	50m	28.48	100m	59.77	150m	01:31.59	200m	02:03.61	250m	02:35.85	300m	03:08.74	350m	03:42.24	400m	04:14.77	
				31.29		31.82		32.02		32.24		32.89		33.50		32.53	
22.	6/8	FÁBIÁN Gergő					2007		FTC					04:18.33			+26.33
	50m	29.43	100m	01:01.20	150m	01:33.76	200m	02:06.93	250m	02:39.62	300m	03:13.03	350m	03:46.49	400m	04:18.33	
				31.77		32.56		33.17		32.69		33.41		33.46		31.84	
23.	1/1	DOMINIÁK Marcell					2007		BVSC-Zugló					04:23.08			+31.08
	50m	29.66	100m	01:02.36	150m	01:35.69	200m	02:08.92	250m	02:42.37	300m	03:16.16	350m	03:50.19	400m	04:23.08	
				32.70		33.33		33.23		33.45		33.79		34.03		32.89	
24.	1/2	TAKÁCS Nimród					2007		A Jövő SC					04:27.69			+35.69
	50m	29.09	100m	01:01.28	150m	01:34.76	200m	02:08.81	250m	02:43.43	300m	03:18.44	350m	03:53.98	400m	04:27.69	
				32.19		33.48		34.05		34.62		35.01		35.54		33.71	



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18	03:39.89	MILÁK Kristóf	Százhalombatta	2018/11/08
17	03:43.50	MILÁK Kristóf	Százhalombatta	2017/11/08
16	03:46.25	MÁRTON Richárd	Százhalombatta	2015/11/12
15	03:50.28	MÁRTON Richárd	Százhalombatta	2014/11/06
14	03:52.94	PÁPAI Olivér	II. Utánpótlás Rövidpályás	2023/11/29
13	03:59.97	PÁPAI Olivér	Szeged	2022/12/08
12	04:19.00	SZABÓ Marcell	Hódmezővásárhely	2022/10/16

2008-2009

Hely	Pálya	Név	Szül.				Orsz.	Klub	Idő				Gap		AQUA	
1.	10/1	KREISZ Bálint	2009					Bohóchal	03:55.08							
	50m	27.01	100m	56.76	150m	01:27.05	200m	01:57.48	250m	02:26.83	300m	02:56.72	350m	03:26.55	400m	03:55.08
				29.75		30.29		30.43		29.35		29.89		29.83		28.53
2.	10/3	KÁRPÁTI Máté	2008					Újpesti Torna Egylet	03:57.09				+02.01			
	50m	26.56	100m	56.66	150m	01:26.82	200m	01:57.44	250m	02:27.03	300m	02:57.17	350m	03:27.75	400m	03:57.09
				30.10		30.16		30.62		29.59		30.14		30.58		29.34
3.	9/4	PITTLIK Zsigmond	2008					Darnyi Tamás SC	04:04.51				+09.43			
	50m	28.20	100m	58.26	150m	01:28.88	200m	01:59.72	250m	02:30.58	300m	03:01.68	350m	03:33.22	400m	04:04.51
				30.06		30.62		30.84		30.86		31.10		31.54		31.29
4.	9/0	BIBEN Botond	2009					BVSC-Zugló	04:05.78				+10.70			
	50m	28.55	100m	59.20	150m	01:29.81	200m	02:00.78	250m	02:32.06	300m	03:03.43	350m	03:34.99	400m	04:05.78
				30.65		30.61		30.97		31.28		31.37		31.56		30.79
5.	8/3	PATLÓK Olivér	2009					A Jövő SC	04:07.19				+12.11			
	50m	27.55	100m	58.41	150m	01:29.94	200m	02:01.83	250m	02:33.52	300m	03:05.45	350m	03:37.26	400m	04:07.19
				30.86		31.53		31.89		31.69		31.93		31.81		29.93
6.	8/1	DOSZPOLY Zsombor	2008					Miskolci Sportiskola	04:07.41				+12.33			
	50m	27.38	100m	57.85	150m	01:29.22	200m	02:01.64	250m	02:33.19	300m	03:05.19	350m	03:37.20	400m	04:07.41
				30.47		31.37		32.42		31.55		32.00		32.01		30.21
7.	9/8	HUSZTI Márton	2009					Darnyi Tamás SC	04:07.47				+12.39			
	50m	27.52	100m	58.01	150m	01:29.33	200m	02:01.06	250m	02:32.84	300m	03:04.69	350m	03:36.46	400m	04:07.47
				30.49		31.32		31.73		31.78		31.85		31.77		31.01
8.	8/5	SPISÁK Bence	2008					Budaörsi Sport Club	04:07.77				+12.69			
	50m	27.73	100m	58.48	150m	01:30.14	200m	02:02.38	250m	02:34.09	300m	03:06.25	350m	03:37.87	400m	04:07.77
				30.75		31.66		32.24		31.71		32.16		31.62		29.90
9.	9/2	PÁVA Olivér	2008					A Jövő SC	04:08.73				+13.65			
	50m	28.69	100m	59.69	150m	01:31.08	200m	02:02.51	250m	02:34.00	300m	03:05.62	350m	03:37.66	400m	04:08.73
				31.00		31.39		31.43		31.49		31.62		32.04		31.07
10.	9/5	VARGA István János	2009					Darnyi Tamás SC	04:11.08				+16.00			
	50m	28.13	100m	59.19	150m	01:30.69	200m	02:02.57	250m	02:34.41	300m	03:06.79	350m	03:39.44	400m	04:11.08
				31.06		31.50		31.88		31.84		32.38		32.65		31.64
11.	7/0	VÁRADI Márton	2009					FTC	04:14.40				+19.32			
	50m	28.91	100m	01:00.18	150m	01:32.32	200m	02:04.95	250m	02:37.44	300m	03:10.24	350m	03:42.93	400m	04:14.40
				31.27		32.14		32.63		32.49		32.80		32.69		31.47
12.	7/1	STEINICZ Zalán	2009					Budafóka XXII. SE	04:14.47				+19.39			
	50m	28.08	100m	59.86	150m	01:32.64	200m	02:05.39	250m	02:38.10	300m	03:11.15	350m	03:43.59	400m	04:14.47
				31.78		32.78		32.75		32.71		33.05		32.44		30.88
13.	8/8	ZACH Mathew Rodriguez	2009					Vasas Sport Club	04:15.23				+20.15			
	50m	28.75	100m	01:00.18	150m	01:32.21	200m	02:04.84	250m	02:37.85	300m	03:10.66	350m	03:43.95	400m	04:15.23
				31.43		32.03		32.63		33.01		32.81		33.29		31.28
14.	9/3	SUDÁR Norbert	2009					Újpesti Torna Egylet	04:15.77				+20.69			
	50m	28.32	100m	59.00	150m	01:30.52	200m	02:03.18	250m	02:35.99	300m	03:09.51	350m	03:43.12	400m	04:15.77
				30.68		31.52		32.66		32.81		33.52		33.61		32.65
15.	7/6	RÁCZ Benedek György	2008					FTC	04:17.28				+22.20			
	50m	29.72	100m	01:02.09	150m	01:34.72	200m	02:07.12	250m	02:40.01	300m	03:13.10	350m	03:45.82	400m	04:17.28
				32.37		32.63		32.40		32.89		33.09		32.72		31.46
16.	7/7	CSIKI Brúnó Domonkos	2008					Ybl Waterpolo Club	04:17.37				+22.29			
	50m	24.34	100m	01:01.90	150m	01:34.86	200m	02:07.86	250m	02:40.16	300m	03:13.36	350m	03:46.07	400m	04:17.37
				37.56		32.96		33.00		32.30		33.20		32.71		31.30
17.	1/7	SZÁNTÓ Benjamin	2008					BVSC-Zugló	04:18.69				+23.61			
	50m	28.95	100m	01:01.54	150m	01:34.48	200m	02:07.59	250m	02:40.42	300m	03:13.09	350m	03:47.09	400m	04:18.69
				32.59		32.94		33.11		32.83		32.67		34.00		31.60
18.	7/5	SCHÖNEK Lukács	2009					Újpesti Torna Egylet	04:19.34				+24.26			
	50m	28.17	100m	59.99	150m	01:33.02	200m	02:06.52	250m	02:39.91	300m	03:13.12	350m	03:46.85	400m	04:19.34
				31.82		33.03		33.50		33.39		33.21		33.73		32.49
19.	7/2	ZELENAI Zénó	2008					BVSC-Zugló	04:22.27				+27.19			
	50m	30.13	100m	01:03.45	150m	01:36.87	200m	02:10.90	250m	02:43.88	300m	03:17.01	350m	03:49.62	400m	04:22.27
				33.32		33.42		34.03		32.98		33.13		32.61		32.65
20.	6/5	CSURGÓ Tamás	2009					Érdi Vízisport Kft	04:22.44				+27.36			
	50m	28.10	100m	59.87	150m	01:33.49	200m	02:06.97	250m	02:40.93	300m	03:14.98	350m	03:49.22	400m	04:22.44
				31.77		33.62		33.48		33.96		34.05		34.24		33.22



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18	03:39.89	MILÁK Kristóf	Százhalombatta	2018/11/08
17	03:43.50	MILÁK Kristóf	Százhalombatta	2017/11/08
16	03:46.25	MÁRTON Richárd	Százhalombatta	2015/11/12
15	03:50.28	MÁRTON Richárd	Százhalombatta	2014/11/06
14	03:52.94	PÁPAI Olivér	II. Utánpótlás Rövidpályás	2023/11/29
13	03:59.97	PÁPAI Olivér	Szeged	2022/12/08
12	04:19.00	SZABÓ Marcell	Hódmezővásárhely	2022/10/16

2008-2009

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21.	1/6	NYEMCSOK Tamás Benjamin	2008					Lőrinc Swim Team	04:24.00				+28.92			
	50m	28.11	100m	01:00.81	150m	01:33.78	200m	02:07.80	250m	02:42.05	300m	03:16.53	350m	03:51.24	400m	04:24.00
				32.70		32.97		34.02		34.25		34.48		34.71		32.76
22.	6/0	ORBÁN Soma	2009					Érdi Vízisport Kft	04:24.53				+29.45			
	50m	29.38	100m	01:02.14	150m	01:36.40	200m	02:10.47	250m	02:44.30	300m	03:18.26	350m	03:51.92	400m	04:24.53
				32.76		34.26		34.07		33.83		33.96		33.66		32.61
23.	6/3	NAHALKA Bence	2009					Egri Úszó Klub SE	04:25.01				+29.93			
	50m	29.62	100m	01:02.42	150m	01:36.19	200m	02:10.25	250m	02:44.49	300m	03:18.88	350m	03:52.91	400m	04:25.01
				32.80		33.77		34.06		34.24		34.39		34.03		32.10
24.	6/6	KURUCZ Péter	2008					DKSE Dunaújváros	04:25.51				+30.43			
	50m	29.66	100m	01:02.93	150m	01:37.32	200m	02:11.25	250m	02:44.94	300m	03:19.22	350m	03:53.44	400m	04:25.51
				33.27		34.39		33.93		33.69		34.28		34.22		32.07
25.	5/3	MEDGYESSY Mikes Lóránt	2009					Bohóchal	04:25.93				+30.85			
	50m	29.36	100m	01:01.37	150m	01:33.56	200m	02:07.19	250m	02:41.28	300m	03:16.32	350m	03:51.34	400m	04:25.93
				32.01		32.19		33.63		34.09		35.04		35.02		34.59
26.	5/8	LIMBEK Lázár	2009					Miskolci Sportiskola	04:34.93				+39.85			
	50m	31.05	100m	01:06.22	150m	01:42.24	200m	02:17.93	250m	02:53.44	300m	03:28.24	350m	04:02.02	400m	04:34.93
				35.17		36.02		35.69		35.51		34.80		33.78		32.91
27.	6/7	PINTÉR Levente	2009					Bohóchal	04:38.31				+43.23			
	50m	30.20	100m	01:04.33	150m	01:39.65	200m	02:15.49	250m	02:55.50	300m	03:26.80	350m	04:03.11	400m	04:38.31
				34.13		35.32		35.84		40.01		31.30		36.31		35.20
28.	3/9	ORENTSÁK Arnold	2009					Bohóchal	04:52.30				+57.22			
	50m	32.45	100m	01:08.33	150m	01:45.63	200m	02:23.37	250m	03:00.65	300m	03:38.47	350m	04:16.31	400m	04:52.30
				35.88		37.30		37.74		37.28		37.82		37.84		35.99
29.	3/5	SZEFCSIK Csaba	2009					Móri Úszó Egyesület	04:56.37				+01:01.29			
	50m	32.32	100m	01:08.25	150m	01:46.32	200m	02:24.26	250m	03:02.16	300m	03:41.17	350m	04:19.85	400m	04:56.37
				35.93		38.07		37.94		37.90		39.01		38.68		36.52
30.	1/3	HARSÁNYI Motun	2009					Debreceni Sportc. SI	05:11.78				+01:16.70			
	50m	31.57	100m	01:08.77	150m	01:21.04	200m	01:48.45	250m	02:22.35	300m	03:10.21	350m	03:51.72	400m	05:11.78
				37.20		12.27		27.41		33.90		47.86		41.51		01:20.06
31.	1/8	PLUMPTON Milán	2008					Bohóchal	05:15.76				+01:20.68			
	50m	32.74	100m	01:11.02	150m	01:50.50	200m	02:30.58	250m	03:11.64	300m	03:53.12	350m	04:35.21	400m	05:15.76
				38.28		39.48		40.08		41.06		41.48		42.09		40.55



KORCSOPORTOS EREDMÉNY
400 m férfi gyors
1. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
felölt	03:34.32	BERNEK Péter	Doha (QAT)	2014/12/05
18	03:39.89	MILÁK Kristóf	Százhalombatta	2018/11/08
17	03:43.50	MILÁK Kristóf	Százhalombatta	2017/11/08
16	03:46.25	MÁRTON Richárd	Százhalombatta	2015/11/12
15	03:50.28	MÁRTON Richárd	Százhalombatta	2014/11/06
14	03:52.94	PÁPAI Olivér	II. Utánpótlás Rövidpályás	2023/11/29
13	03:59.97	PÁPAI Olivér	Szeged	2022/12/08
12	04:19.00	SZABÓ Marcell	Hódmezővásárhely	2022/10/16

2010

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA
1.	8/7	SZABÓ Domonkos	2010		Budafoka XXII. SE	04:11.77		
	50m	28.80	100m	59.82	150m	01:31.57	200m	02:03.76
				31.02		31.75		32.19
					250m	02:35.65	300m	02:07.54
						31.89		31.89
2.	8/9	MÁRTON Levente	2010		FTC	04:14.99		+03.22
	50m	28.68	100m	01:00.15	150m	01:32.27	200m	02:04.68
				31.47		32.12		32.41
					250m	02:37.27	300m	03:09.72
						32.59		32.45
3.	7/9	SCHÖNEK Kolos	2010		Újpesti Torna Egylet	04:21.51		+09.74
	50m	29.58	100m	01:02.31	150m	01:35.74	200m	02:09.01
				32.73		33.43		33.27
					250m	02:42.36	300m	03:15.73
						33.35		33.37
4.	9/1	NAGY Péter	2010		DKSE Dunaújváros	04:21.96		+10.19
	50m	29.58	100m	01:01.74	150m	01:35.23	200m	02:08.52
				32.16		33.49		33.29
					250m	02:41.81	300m	03:15.25
						33.29		33.44
5.	6/2	OROVECZ Patrik	2010		Debreceni Sportc. SI	04:26.61		+14.84
	50m	29.27	100m	01:02.73	150m	01:35.99	200m	02:10.20
				33.04		33.68		34.21
					250m	02:44.35	300m	03:18.94
						34.15		34.59
6.	5/2	ZSUREK Dávid Áron	2010		Debreceni Sportc. SI	04:26.99		+15.22
	50m	29.63	100m	01:02.73	150m	01:36.78	200m	02:11.01
				33.10		34.05		34.23
					250m	02:45.02	300m	03:19.03
						34.01		34.01
7.	7/8	GÖMÖRY Zsolt	2010		Újpesti Torna Egylet	04:28.25		+16.48
	50m	30.09	100m	01:03.17	150m	01:36.77	200m	02:10.92
				33.08		33.60		34.15
					250m	02:44.90	300m	03:19.60
						33.98		34.70
8.	6/9	KARNITSCHER Bendeguz Őrs	2010		Iron Swim SE	04:30.50		+18.73
	50m	30.74	100m	01:04.83	150m	01:39.51	200m	02:13.94
				34.09		34.68		34.43
					250m	02:48.22	300m	03:23.36
						34.28		35.14
9.	5/5	FAGYAL Kristóf	2010		Debreceni Sportc. SI	04:31.69		+19.92
	50m	30.54	100m	01:04.41	150m	01:38.54	200m	02:12.81
				33.87		34.13		34.27
					250m	02:47.46	300m	03:22.39
						34.65		34.93
10.	5/9	GUNTHER Péter	2010		Bohóchal	04:39.20		+27.43
	50m	31.02	100m	01:05.73	150m	01:41.31	200m	02:16.69
				34.71		35.58		35.38
					250m	02:52.41	300m	03:28.05
						35.72		35.64
11.	5/0	ZUGONICS Benjámin	2010		Bohóchal	04:39.25		+27.48
	50m	31.30	100m	01:06.60	150m	01:42.23	200m	02:17.72
				35.30		35.63		35.49
					250m	02:52.92	300m	03:28.45
						35.20		35.53
12.	4/6	ZANYI Olivér Richárd	2010		Lőrinc Swim Team	04:40.05		+28.28
	50m	30.66	100m	01:04.98	150m	01:39.96	200m	02:15.88
				34.32		34.98		35.92
					250m	02:52.07	300m	03:28.24
						36.19		36.17
13.	3/6	AYAN Özgün Tibor	2010		Váci Vízmű SE	04:52.30		+40.53
	50m	32.21	100m	01:08.26	150m	01:45.81	200m	02:23.40
				36.05		37.55		37.59
					250m	03:01.12	300m	03:39.31
						37.72		38.19
14.	4/8	BALOGH Péter József	2010		Debreceni Sportc. SI	04:52.92		+41.15
	50m	30.63	100m	01:06.67	150m	01:44.68	200m	02:22.50
				36.04		38.01		37.82
					250m	02:59.29	300m	03:37.28
						36.79		37.99



KORCSOPORTOS EREDMÉNY
400 m férfi gyors
1. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
felőtt	03:34.32	BERNEK Péter	Doha (QAT)	2014/12/05
18	03:39.89	MILÁK Kristóf	Százhalombatta	2018/11/08
17	03:43.50	MILÁK Kristóf	Százhalombatta	2017/11/08
16	03:46.25	MÁRTON Richárd	Százhalombatta	2015/11/12
15	03:50.28	MÁRTON Richárd	Százhalombatta	2014/11/06
14	03:52.94	PÁPAI Olivér	II. Utánpótlás Rövidpályás	2023/11/29
13	03:59.97	PÁPAI Olivér	Szeged	2022/12/08
12	04:19.00	SZABÓ Marcell	Hódmezővásárhely	2022/10/16

2011

Hely	Pálya	Név	Szül.				Orsz.	Klub	Idő				Gap	AQUA		
1.	6/1	SMOLIN Vsevolod	2011				UKR	04:24.75								
	50m	29.13	100m	01:02.13	150m	01:35.84	200m	02:09.98	250m	02:44.09	300m	03:18.09	350m	03:52.01	400m	04:24.75
				33.00		33.71		34.14		34.11		34.00		33.92		32.74
2.	5/6	SZANISZLÓ Bence	2011					Érdi Vízisport Kft	04:29.48				+04.73			
	50m	30.00	100m	01:04.36	150m	01:38.59	200m	02:12.59	250m	02:46.94	300m	03:21.51	350m	03:55.91	400m	04:29.48
				34.36		34.23		34.00		34.35		34.57		34.40		33.57
3.	5/4	SIPŐCZ Dominik	2011					BVSC-Zugló	04:35.63				+10.88			
	50m	31.23	100m	01:05.64	150m	01:41.36	200m	02:16.63	250m	02:52.15	300m	03:27.37	350m	04:01.96	400m	04:35.63
				34.41		35.72		35.27		35.52		35.22		34.59		33.67
4.	4/0	CSEKE Máté	2011					Budaörsi Sport Club	04:40.12				+15.37			
	50m	30.69	100m	01:05.00	150m	01:40.55	200m	02:16.71	250m	02:52.36	300m	03:28.46	350m	04:04.92	400m	04:40.12
				34.31		35.55		36.16		35.65		36.10		36.46		35.20
5.	4/5	KISS Bulcsú Zétény	2011					BVSC-Zugló	04:46.54				+21.79			
	50m	32.92	100m	01:08.98	150m	01:45.44	200m	02:22.02	250m	02:58.50	300m	03:35.10	350m	04:11.18	400m	04:46.54
				36.06		36.46		36.58		36.48		36.60		36.08		35.36
6.	4/3	PODHORSZKI Hunor Domonkos	2011					DKSE Dunaújváros	04:50.41				+25.66			
	50m	31.81	100m	01:08.43	150m	01:46.24	200m	02:22.89	250m	03:00.35	300m	03:37.61	350m	04:14.79	400m	04:50.41
				36.62		37.81		36.65		37.46		37.26		37.18		35.62
7.	3/2	LAKATOS Gábor	2011					Debreceni Sportc. SI	04:50.52				+25.77			
	50m	33.05	100m	01:09.37	150m	01:46.26	200m	02:23.13	250m	03:00.47	300m	03:37.68	350m	04:14.94	400m	04:50.52
				36.32		36.89		36.87		37.34		37.21		37.26		35.58
8.	4/2	KOROKNAI Balázs	2011					Debreceni Sportc. SI	04:53.45				+28.70			
	50m	33.18	100m	01:10.77	150m	01:49.14	200m	02:27.17	250m	03:04.17	300m	03:41.62	350m	04:18.79	400m	04:53.45
				37.59		38.37		38.03		37.00		37.45		37.17		34.66
9.	4/9	TASI Barnabás	2011					Egri Úszó Klub SE	04:53.90				+29.15			
	50m	32.59	100m	01:09.27	150m	01:46.75	200m	02:24.69	250m	03:02.27	300m	03:40.48	350m	04:18.14	400m	04:53.90
				36.68		37.48		37.94		37.58		38.21		37.66		35.76
10.	3/4	VEREBÉLYI Bence	2011					BVSC-Zugló	05:07.37				+42.62			
	50m	33.95	100m	01:12.03	150m	01:51.96	200m	02:31.19	250m	03:10.51	300m	03:50.21	350m	04:30.13	400m	05:07.37
				38.08		39.93		39.23		39.32		39.70		39.92		37.24
11.	2/1	DROMMER Benjámin	2011					Budaörsi Sport Club	05:09.45				+44.70			
	50m	34.38	100m	01:12.61	150m	01:52.29	200m	02:32.12	250m	03:11.46	300m	03:51.68	350m	04:30.83	400m	05:09.45
				38.23		39.68		39.83		39.34		40.22		39.15		38.62
12.	2/3	MOLDVAI Dániel Ádám	2011					Bohóchal	05:20.40				+55.65			
	50m	35.17	100m	01:14.59	150m	01:55.49	200m	02:36.35	250m	03:17.60	300m	03:59.13	350m	04:40.74	400m	05:20.40
				39.42		40.90		40.86		41.25		41.53		41.61		39.66



KORCSOPORTOS EREDMÉNY

400 m férfi gyors

1. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
felnőtt	03:34.32	BERNEK Péter	Doha (QAT)	2014/12/05
18	03:39.89	MILÁK Kristóf	Százhalombatta	2018/11/08
17	03:43.50	MILÁK Kristóf	Százhalombatta	2017/11/08
16	03:46.25	MÁRTON Richárd	Százhalombatta	2015/11/12
15	03:50.28	MÁRTON Richárd	Százhalombatta	2014/11/06
14	03:52.94	PÁPAI Olivér	II. Utánpótlás Rövidpályás	2023/11/29
13	03:59.97	PÁPAI Olivér	Szeged	2022/12/08
12	04:19.00	SZABÓ Marcell	Hódmezővásárhely	2022/10/16

2012

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA								
1.	6/4	NAGYHÁZI Bence	2012		A Jövő SC	04:30.39										
	50m	29.40	100m	01:02.79 33.39	150m	01:37.26 34.47	200m	02:11.89 34.63	250m	02:46.57 34.68	300m	03:21.10 34.53	350m	03:56.12 35.02	400m	04:30.39 34.27
2.	5/1	RUDITS Balázs	2012		BVSC-Zugló	04:33.93		+03.54								
	50m	31.14	100m	01:06.23 35.09	150m	01:41.67 35.44	200m	02:16.98 35.31	250m	02:52.52 35.54	300m	03:27.28 34.76	350m	04:01.83 34.55	400m	04:33.93 32.10
3.	4/4	HAJÓS Dániel	2012		II. Kerületi Sport	04:38.80		+08.41								
	50m	30.59	100m	01:05.41 34.82	150m	01:41.03 35.62	200m	02:16.81 35.78	250m	02:52.71 35.90	300m	03:28.84 36.13	350m	04:04.40 35.56	400m	04:38.80 34.40
4.	5/7	SCHÖNEK Zétény	2012		Újpesti Torna Egylet	04:46.91		+16.52								
	50m	31.16	100m	01:06.61 35.45	150m	01:43.28 36.67	200m	02:19.96 36.68	250m	02:56.76 36.80	300m	03:33.43 36.67	350m	04:10.72 37.29	400m	04:46.91 36.19
5.	4/7	MAJOR Máté	2012		BVSC-Zugló	04:47.38		+16.99								
	50m	32.49	100m	01:08.71 36.22	150m	01:45.22 36.51	200m	02:22.01 36.79	250m	02:58.52 36.51	300m	03:35.54 37.02	350m	04:12.05 36.51	400m	04:47.38 35.33
6.	3/3	NAGY Bendegúz	2012		Bohóchal	04:52.17		+21.78								
	50m	32.69	100m	01:08.89 36.20	150m	01:46.04 37.15	200m	02:23.77 37.73	250m	03:00.84 37.07	300m	03:38.26 37.42	350m	04:15.78 37.52	400m	04:52.17 36.39
7.	4/1	LENDVAI Zalán	2012		Újpesti Torna Egylet	04:56.16		+25.77								
	50m	32.95	100m	01:09.71 36.76	150m	01:47.62 37.91	200m	02:25.90 38.28	250m	03:03.80 37.90	300m	03:41.64 37.84	350m	04:19.69 38.05	400m	04:56.16 36.47
8.	3/8	PIROS Patrik	2012		Debreceni Sportc. SI	04:56.33		+25.94								
	50m	32.64	100m	01:09.71 37.07	150m	01:47.51 37.80	200m	02:25.15 37.64	250m	03:02.71 37.56	300m	03:41.05 38.34	350m	04:19.35 38.30	400m	04:56.33 36.98
9.	2/4	ORENTSÁK Lóránt	2012		Bohóchal	05:01.49		+31.10								
	50m	33.81	100m	01:11.17 37.36	150m	01:49.61 38.44	200m	02:27.92 38.31	250m	03:06.53 38.61	300m	03:45.11 38.58	350m	04:23.62 38.51	400m	05:01.49 37.87
10.	3/7	FEJÉR Gergő	2012		BVSC-Zugló	05:02.12		+31.73								
	50m	32.54	100m	01:10.24 37.70	150m	01:48.07 37.83	200m	02:26.41 38.34	250m	03:05.28 38.87	300m	03:44.84 39.56	350m	04:24.74 39.90	400m	05:02.12 37.38
11.	2/5	VELEKEI Benedek	2012		Debreceni Sportc. SI	05:07.44		+37.05								
	50m	34.44	100m	01:13.36 38.92	150m	01:52.19 38.83	200m	02:32.31 40.12	250m	03:10.89 38.58	300m	03:51.22 40.33	350m	04:30.87 39.65	400m	05:07.44 36.57
12.	3/0	KOVÁCS Ádám Attila	2012		Debreceni Sportc. SI	05:09.17		+38.78								
	50m	34.86	100m	01:13.47 38.61	150m	01:52.89 39.42	200m	02:31.90 39.01	250m	03:11.88 39.98	300m	03:51.70 39.82	350m	04:31.54 39.84	400m	05:09.17 37.63
13.	3/1	BABARCZI Rudolf	2012		Bohóchal	05:15.91		+45.52								
	50m	34.95	100m	01:14.38 39.43	150m	01:54.25 39.87	200m	02:34.43 40.18	250m	03:14.75 40.32	300m	03:55.32 40.57	350m	04:35.88 40.56	400m	05:15.91 40.03
14.	2/6	KOPASZ Márk	2012		BVSC-Zugló	05:20.75		+50.36								
	50m	35.52	100m	01:15.69 40.17	150m	01:56.85 41.16	200m	02:37.93 41.08	250m	03:19.22 41.29	300m	04:00.72 41.50	350m	04:41.62 40.90	400m	05:20.75 39.13
15.	2/7	BARTA Levente	2012		Debreceni Sportc. SI	05:24.14		+53.75								
	50m	35.25	100m	01:15.58 40.33	150m	01:57.06 41.48	200m	02:38.32 41.26	250m	03:19.43 41.11	300m	04:01.41 41.98	350m	04:42.98 41.57	400m	05:24.14 41.16
16.	2/2	VÉGH András	2012		Debreceni Sportc. SI	05:28.28		+57.89								
	50m	36.33	100m	01:17.29 40.96	150m	02:00.07 42.78	200m	02:41.30 41.23	250m	03:23.35 42.05	300m	04:05.20 41.85	350m	04:47.63 42.43	400m	05:28.28 40.65
17.	2/8	KÓCZI Ezra Sámuel	2012		BVSC-Zugló	05:32.53		+01:02.14								
	50m	34.47	100m	01:15.67 41.20	150m	01:57.76 42.09	200m	02:39.66 41.90	250m	03:22.72 43.06	300m	04:06.78 44.06	350m	04:51.54 44.76	400m	05:32.53 40.99