

## ELŐFUTAM KAT. EREDMÉNY

### 400 m férfi vegyes

29. versenyszám

| Évjárat | Csúcs    | Név             | Helyszín       | Dátum          |
|---------|----------|-----------------|----------------|----------------|
| 18      | 04:03.16 | KÓS Hubert      | Kazan (RUS)    | 2021. nov. 07. |
| 17      | 04:10.28 | VERRASZTÓ Dávid | Triest         | 2005. dec. 09. |
| 16      | 04:13.20 | KÓS Hubert      | Kaposvár       | 2019. dec. 13. |
| 15      | 04:16.59 | KÓS Hubert      | Százhalombatta | 2018. nov. 09. |
| 14      | 04:27.52 | KÓS Hubert      | Százhalombatta | 2017. nov. 09. |
| 13      | 04:38.32 | KÓS Hubert      | Százhalombatta | 2016. nov. 03. |

### A - IFJÚSÁGI (2005-2006)

| Hely | Pálya | Név                                 | Szül. | Orsz. | Klub                 | Idő               | Gap    | FINA              |      |                   |      |                   |      |                   |      |                   |
|------|-------|-------------------------------------|-------|-------|----------------------|-------------------|--------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|
| 1.   | 4/5   | <b>JUHÁSZ-DÓRA Richárd</b><br>Edző: | 2005  |       | Vasas Sport Club     | <b>04:27.59</b>   |        | <b>675</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.66                               | 50m   | 27.47 | 100m                 | 59.65<br>32.18    | 150m   | 01:34.56<br>34.91 | 200m | 02:08.33<br>33.77 | 250m | 02:47.52<br>39.19 | 300m | 03:27.19<br>39.67 | 350m | 03:59.72<br>32.53 |
|      | 400m  | 04:27.59<br>27.87                   |       |       |                      |                   |        |                   |      |                   |      |                   |      |                   |      |                   |
| 2.   | 4/4   | <b>KOVÁTS Alex</b>                  | 2006  |       | Kaposvári SI         | <b>04:27.86</b>   | +00.27 | <b>673</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.70                               | 50m   | 29.58 | 100m                 | 01:03.15<br>33.57 | 150m   | 01:35.93<br>32.78 | 200m | 02:09.34<br>33.41 | 250m | 02:48.20<br>38.86 | 300m | 03:27.58<br>39.38 | 350m | 03:59.65<br>32.07 |
|      | 400m  | 04:27.86<br>28.21                   |       |       |                      |                   |        |                   |      |                   |      |                   |      |                   |      |                   |
| 3.   | 5/5   | <b>KÓS Olivér</b>                   | 2005  |       | BVSC-Zugló           | <b>04:30.35</b>   | +02.76 | <b>655</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.68                               | 50m   | 26.86 | 100m                 | 01:00.19<br>33.33 | 150m   | 01:34.94<br>34.75 | 200m | 02:08.49<br>33.55 | 250m | 02:47.24<br>38.75 | 300m | 03:26.57<br>39.33 | 350m | 03:59.47<br>32.90 |
|      | 400m  | 04:30.35<br>30.88                   |       |       |                      |                   |        |                   |      |                   |      |                   |      |                   |      |                   |
| 4.   | 5/6   | <b>M.KISS Jakab</b>                 | 2005  |       | Vasas Sport Club     | <b>04:30.43</b>   | +02.84 | <b>654</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.70                               | 50m   | 28.04 | 100m                 | 01:00.81<br>32.77 | 150m   | 01:35.72<br>34.91 | 200m | 02:09.60<br>33.88 | 250m | 02:49.08<br>39.48 | 300m | 03:28.99<br>39.91 | 350m | 04:00.75<br>31.76 |
|      | 400m  | 04:30.43<br>29.68                   |       |       |                      |                   |        |                   |      |                   |      |                   |      |                   |      |                   |
| 5.   | 5/3   | <b>DEÁK Levente</b>                 | 2005  |       | Soproni Széchy T. SI | <b>04:32.05</b>   | +04.46 | <b>642</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.71                               | 50m   | 29.51 | 100m                 | 01:03.68<br>34.17 | 150m   | 01:36.82<br>33.14 | 200m | 02:09.37<br>32.55 | 250m | 02:49.72<br>40.35 | 300m | 03:30.50<br>40.78 | 350m | 04:02.04<br>31.54 |
|      | 400m  | 04:32.05<br>30.01                   |       |       |                      |                   |        |                   |      |                   |      |                   |      |                   |      |                   |
| 6.   | 4/7   | <b>PAKSI Zsombor</b>                | 2006  |       | Szegedi Úszó Egylet  | <b>04:41.73</b>   | +14.14 | <b>578</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.72                               | 50m   | 27.80 | 100m                 | 01:01.36<br>33.56 | 150m   | 01:40.77<br>39.41 | 200m | 02:17.95<br>37.18 | 250m | 02:59.59<br>41.64 | 300m | 03:41.10<br>41.51 | 350m | 04:14.26<br>33.16 |
|      | 400m  | 04:41.73<br>27.47                   |       |       |                      |                   |        |                   |      |                   |      |                   |      |                   |      |                   |
| 7.   | 3/1   | <b>DOMONKOS György</b>              | 2005  |       | Budaörsi Sport Club  | <b>04:47.42</b>   | +19.83 | <b>545</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.65                               | 50m   | 29.61 | 100m                 | 01:03.52<br>33.91 | 150m   | 01:39.58<br>36.06 | 200m | 02:15.60<br>36.02 | 250m | 02:57.27<br>41.67 | 300m | 03:39.81<br>42.54 | 350m | 04:13.71<br>33.90 |
|      | 400m  | 04:47.42<br>33.71                   |       |       |                      |                   |        |                   |      |                   |      |                   |      |                   |      |                   |
| 8.   | 3/2   | <b>PÁVA Szabolcs</b>                | 2006  |       | A Jövő SC            | <b>04:48.96</b>   | +21.37 | <b>536</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.62                               | 50m   | 28.85 | 100m                 | 01:02.80<br>33.95 | 150m   | 01:38.41<br>35.61 | 200m | 02:13.78<br>35.37 | 250m | 02:57.29<br>43.51 | 300m | 03:40.95<br>43.66 | 350m | 04:15.66<br>34.71 |
|      | 400m  | 04:48.96<br>33.30                   |       |       |                      |                   |        |                   |      |                   |      |                   |      |                   |      |                   |

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|---------|----------|-----------------|----------------|----------------|
| 18      | 04:03.16 | KÓS Hubert      | Kazan (RUS)    | 2021. nov. 07. |
| 17      | 04:10.28 | VERRASZTÓ Dávid | Triest         | 2005. dec. 09. |
| 16      | 04:13.20 | KÓS Hubert      | Kaposvár       | 2019. dec. 13. |
| 15      | 04:16.59 | KÓS Hubert      | Százhalombatta | 2018. nov. 09. |
| 14      | 04:27.52 | KÓS Hubert      | Százhalombatta | 2017. nov. 09. |
| 13      | 04:38.32 | KÓS Hubert      | Százhalombatta | 2016. nov. 03. |

### B - SERDÜLŐ (2007-2008)

| Hely | Pálya | Név                                                                                                 | Szül. | Orsz. | Klub                            | Idő             | Gap    | FINA       |
|------|-------|-----------------------------------------------------------------------------------------------------|-------|-------|---------------------------------|-----------------|--------|------------|
| 1.   | 4/6   | <b>ZANYI Ferdinánd Tamás</b><br>Edző:                                                               | 2007  |       | Lőrinc Swim Team                | <b>04:28.40</b> |        | <b>669</b> |
|      | R.Idő | 00.66 50m 28.13 100m 01:00.75 150m 01:34.21 200m 02:06.50 250m 02:46.97 300m 03:27.66 350m 03:58.71 |       |       |                                 |                 |        |            |
|      | 400m  | 04:28.40 29.69                                                                                      |       |       |                                 |                 |        |            |
| 2.   | 4/2   | <b>BUDA Levente</b>                                                                                 | 2008  |       | UNI Győri Úszó Sportegy.        | <b>04:28.94</b> | +00.54 | <b>665</b> |
|      | R.Idő | 00.70 50m 28.34 100m 01:02.18 150m 01:36.76 200m 02:10.82 250m 02:48.48 300m 03:26.87 350m 03:58.75 |       |       |                                 |                 |        |            |
|      | 400m  | 04:28.94 30.19                                                                                      |       |       |                                 |                 |        |            |
| 3.   | 4/3   | <b>KÁRPÁTI Máté</b>                                                                                 | 2008  |       | Újpesti Torna Egylet            | <b>04:29.97</b> | +01.57 | <b>657</b> |
|      | R.Idő | 00.65 50m 28.55 100m 01:02.13 150m 01:36.73 200m 02:10.97 250m 02:49.75 300m 03:29.38 350m 04:00.79 |       |       |                                 |                 |        |            |
|      | 400m  | 04:29.97 29.18                                                                                      |       |       |                                 |                 |        |            |
| 4.   | 5/4   | <b>KOVÁCS Botond</b>                                                                                | 2007  |       | BVSC-Zugló                      | <b>04:30.46</b> | +02.06 | <b>654</b> |
|      | R.Idő | 00.66 50m 29.12 100m 01:02.20 150m 01:35.64 200m 02:08.50 250m 02:48.88 300m 03:28.70 350m 04:01.80 |       |       |                                 |                 |        |            |
|      | 400m  | 04:30.46 28.66                                                                                      |       |       |                                 |                 |        |            |
| 5.   | 4/9   | <b>RAJCSÁNYI Boldizsár</b>                                                                          | 2007  |       | Lőrinc Swim Team                | <b>04:31.20</b> | +02.80 | <b>649</b> |
|      | R.Idő | 00.66 50m 29.20 100m 01:02.80 150m 01:38.44 200m 02:12.13 250m 02:50.16 300m 03:28.60 350m 04:00.29 |       |       |                                 |                 |        |            |
|      | 400m  | 04:31.20 30.91                                                                                      |       |       |                                 |                 |        |            |
| 6.   | 3/3   | <b>ADORJÁN Zalán</b>                                                                                | 2007  |       | Szegedi Úszó Egylet             | <b>04:36.08</b> | +07.68 | <b>615</b> |
|      | R.Idő | 00.67 50m 29.54 100m 01:03.68 150m 01:38.34 200m 02:12.29 250m 02:52.70 300m 03:32.89 350m 04:04.94 |       |       |                                 |                 |        |            |
|      | 400m  | 04:36.08 31.14                                                                                      |       |       |                                 |                 |        |            |
| 7.   | 5/1   | <b>PITTLIK Zsigmond</b>                                                                             | 2008  |       | Darnyi Tamás SC                 | <b>04:37.02</b> | +08.62 | <b>608</b> |
|      | R.Idő | 00.70 50m 29.86 100m 01:03.86 150m 01:39.36 200m 02:13.92 250m 02:53.42 300m 03:33.15 350m 04:05.76 |       |       |                                 |                 |        |            |
|      | 400m  | 04:37.02 31.26                                                                                      |       |       |                                 |                 |        |            |
| 8.   | 3/6   | <b>VARGA Levente</b>                                                                                | 2008  |       | Vasas Sport Club                | <b>04:37.20</b> | +08.80 | <b>607</b> |
|      | R.Idő | 00.60 50m 29.32 100m 01:03.11 150m 01:38.28 200m 02:12.09 250m 02:52.93 300m 03:33.72 350m 04:05.96 |       |       |                                 |                 |        |            |
|      | 400m  | 04:37.20 31.24                                                                                      |       |       |                                 |                 |        |            |
| 9.   | 5/8   | <b>TÓTH Olivér</b>                                                                                  | 2007  |       | Újpesti Torna Egylet            | <b>04:41.14</b> | +12.74 | <b>582</b> |
|      | R.Idő | 00.65 50m 30.63 100m 01:06.11 150m 01:43.41 200m 02:19.65 250m 02:58.93 300m 03:39.16 350m 04:10.32 |       |       |                                 |                 |        |            |
|      | 400m  | 04:41.14 30.82                                                                                      |       |       |                                 |                 |        |            |
| 10.  | 3/9   | <b>SZABÓ-KISS Zétény</b>                                                                            | 2007  |       | Móri Úszó Egyesület             | <b>04:41.88</b> | +13.48 | <b>578</b> |
|      | R.Idő | 00.69 50m 29.88 100m 01:04.77 150m 01:40.48 200m 02:15.31 250m 02:54.62 300m 03:35.01 350m 04:08.90 |       |       |                                 |                 |        |            |
|      | 400m  | 04:41.88 32.98                                                                                      |       |       |                                 |                 |        |            |
| 11.  | 4/8   | <b>PÁVA Olivér</b>                                                                                  | 2008  |       | A Jövő SC                       | <b>04:42.28</b> | +13.88 | <b>575</b> |
|      | R.Idő | 00.64 50m 29.29 100m 01:02.94 150m 01:42.97 200m 02:21.36 250m 03:01.40 300m 03:41.59 350m 04:12.85 |       |       |                                 |                 |        |            |
|      | 400m  | 04:42.28 29.43                                                                                      |       |       |                                 |                 |        |            |
| 12.  | 5/2   | <b>JÁROMI Benjamin</b>                                                                              | 2007  |       | Városi Sportegyesület Dunakeszi | <b>04:44.31</b> | +15.91 | <b>563</b> |
|      | R.Idő | 00.60 50m 29.67 100m 01:04.54 150m 01:41.05 200m 02:16.78 250m 02:57.34 300m 03:38.48 350m 04:11.61 |       |       |                                 |                 |        |            |
|      | 400m  | 04:44.31 32.70                                                                                      |       |       |                                 |                 |        |            |
| 13.  | 4/0   | <b>SZABÓ Gergő</b>                                                                                  | 2008  |       | Sárvári Gyógyfürdő              | <b>04:44.57</b> | +16.17 | <b>561</b> |
|      | R.Idő | 00.68 50m 30.19 100m 01:05.98 150m 01:43.98 200m 02:20.86 250m 02:58.83 300m 03:38.06 350m 04:12.67 |       |       |                                 |                 |        |            |
|      | 400m  | 04:44.57 31.90                                                                                      |       |       |                                 |                 |        |            |

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| 17      | 04:10.28 | VERRASZTÓ Dávid | Triest         | 2005. dec. 09. |
| 16      | 04:13.20 | KÓS Hubert      | Kaposvár       | 2019. dec. 13. |
| 15      | 04:16.59 | KÓS Hubert      | Százhalmobatta | 2018. nov. 09. |
| 14      | 04:27.52 | KÓS Hubert      | Százhalmobatta | 2017. nov. 09. |
| 13      | 04:38.32 | KÓS Hubert      | Százhalmobatta | 2016. nov. 03. |

### B - SERDÜLŐ (2007-2008)

| Hely | Pálya | Név                    | Szül. | Orsz. | Klub                        | Idő                    | Gap                    | FINA                   |                        |                        |
|------|-------|------------------------|-------|-------|-----------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| 14.  | 5/7   | KONCZ Márton           | 2008  |       | Budaörsi Sport Club         | 04:44.63               | +16.23                 | 561                    |                        |                        |
|      | R.Idő | 00.68                  | 50m   | 29.50 | 100m 01:05.61<br>36.11      | 150m 01:40.25<br>34.64 | 200m 02:15.64<br>35.39 | 250m 02:57.64<br>42.00 | 300m 03:39.55<br>41.91 | 350m 04:12.33<br>32.78 |
|      | 400m  | 04:44.63<br>32.30      |       |       |                             |                        |                        |                        |                        |                        |
| 15.  | 4/1   | HONTI-PECORA Sebestyén | 2007  |       | Újpesti Torna Egylet        | 04:45.47               | +17.07                 | 556                    |                        |                        |
|      | R.Idő | 00.67                  | 50m   | 29.82 | 100m 01:03.13<br>33.31      | 150m 01:38.18<br>35.05 | 200m 02:12.37<br>34.19 | 250m 02:56.17<br>43.80 | 300m 03:40.28<br>44.11 | 350m 04:13.64<br>33.36 |
|      | 400m  | 04:45.47<br>31.83      |       |       |                             |                        |                        |                        |                        |                        |
| 16.  | 3/8   | SZENTESI Botond        | 2008  |       | BVSC-Zugló                  | 04:45.48               | +17.08                 | 556                    |                        |                        |
|      | R.Idő | 00.69                  | 50m   | 29.87 | 100m 01:05.08<br>35.21      | 150m 01:41.20<br>36.12 | 200m 02:16.57<br>35.37 | 250m 02:58.53<br>41.96 | 300m 03:40.31<br>41.78 | 350m 04:13.19<br>32.88 |
|      | 400m  | 04:45.48<br>32.29      |       |       |                             |                        |                        |                        |                        |                        |
| 17.  | 2/2   | SZAVÉRI Márk           | 2008  |       | Kőbánya Sport Club          | 04:45.89               | +17.49                 | 554                    |                        |                        |
|      | R.Idő | 00.74                  | 50m   | 30.25 | 100m 01:04.50<br>34.25      | 150m 01:40.62<br>36.12 | 200m 02:16.97<br>36.35 | 250m 02:58.20<br>41.23 | 300m 03:40.10<br>41.90 | 350m 04:13.82<br>33.72 |
|      | 400m  | 04:45.89<br>32.07      |       |       |                             |                        |                        |                        |                        |                        |
| 18.  | 1/5   | NAGY-BENEDEK Olivér    | 2008  |       | Békéscsabai Előre Úszó Klub | 04:49.04               | +20.64                 | 536                    |                        |                        |
|      | R.Idő | 00.71                  | 50m   | 29.57 | 100m 01:04.70<br>35.13      | 150m 01:43.51<br>38.81 | 200m 02:21.32<br>37.81 | 250m 03:01.81<br>40.49 | 300m 03:43.55<br>41.74 | 350m 04:18.15<br>34.60 |
|      | 400m  | 04:49.04<br>30.89      |       |       |                             |                        |                        |                        |                        |                        |
| 19.  | 2/9   | KOCH Ambrus            | 2008  |       | Soproni Széchy T. SI        | 04:49.40               | +21.00                 | 534                    |                        |                        |
|      | R.Idő | 00.70                  | 50m   | 29.87 | 100m 01:06.91<br>37.04      | 150m 01:43.26<br>36.35 | 200m 02:19.11<br>35.85 | 250m 03:00.86<br>41.75 | 300m 03:43.09<br>42.23 | 350m 04:16.79<br>33.70 |
|      | 400m  | 04:49.40<br>32.61      |       |       |                             |                        |                        |                        |                        |                        |
| 20.  | 1/4   | GAJDICS Balázs         | 2008  |       | Újpesti Torna Egylet        | 04:49.66               | +21.26                 | 532                    |                        |                        |
|      | R.Idő | 00.65                  | 50m   | 30.90 | 100m 01:05.96<br>35.06      | 150m 01:43.81<br>37.85 | 200m 02:20.66<br>36.85 | 250m 03:01.82<br>41.16 | 300m 03:43.14<br>41.32 | 350m 04:17.42<br>34.28 |
|      | 400m  | 04:49.66<br>32.24      |       |       |                             |                        |                        |                        |                        |                        |
| 21.  | 3/7   | RÁCZ Benedek György    | 2008  |       | Ferencvárosi Torna Club     | 04:51.02               | +22.62                 | 525                    |                        |                        |
|      | R.Idő | 00.66                  | 50m   | 30.65 | 100m 01:06.49<br>35.84      | 150m 01:42.72<br>36.23 | 200m 02:17.49<br>34.77 | 250m 03:01.33<br>43.84 | 300m 03:44.26<br>42.93 | 350m 04:18.60<br>34.34 |
|      | 400m  | 04:51.02<br>32.42      |       |       |                             |                        |                        |                        |                        |                        |
| 22.  | 2/1   | HUBERT Balázs          | 2008  |       | Budapesti Honvéd            | 04:52.49               | +24.09                 | 517                    |                        |                        |
|      | R.Idő | 00.70                  | 50m   | 30.49 | 100m 01:06.79<br>36.30      | 150m 01:42.52<br>35.73 | 200m 02:18.22<br>35.70 | 250m 03:01.94<br>43.72 | 300m 03:45.72<br>43.78 | 350m 04:19.60<br>33.88 |
|      | 400m  | 04:52.49<br>32.89      |       |       |                             |                        |                        |                        |                        |                        |
| DNS  | 5/9   | KORONCAI Mátyás        | 2008  |       | BVSC-Zugló                  |                        |                        |                        |                        |                        |

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| 16      | 04:13.20 | KÓS Hubert      | Kaposvár       | 2019. dec. 13. |
| 15      | 04:16.59 | KÓS Hubert      | Százhalombatta | 2018. nov. 09. |
| 14      | 04:27.52 | KÓS Hubert      | Százhalombatta | 2017. nov. 09. |
| 13      | 04:38.32 | KÓS Hubert      | Százhalombatta | 2016. nov. 03. |

### C - GYERMEK (2009-2010)

| Hely | Pálya | Név                                                                                                                                     | Szül. | Orsz. | Klub                    | Idő             | Gap    | FINA       |
|------|-------|-----------------------------------------------------------------------------------------------------------------------------------------|-------|-------|-------------------------|-----------------|--------|------------|
| 1.   | 3/5   | <b>KREISZ Bálint</b><br>Edző: Bencze Brenda                                                                                             | 2009  |       | Bohóchal Egyesület      | <b>04:43.92</b> |        | <b>565</b> |
|      | R.Idő | 00.69 50m 29.88 100m 01:03.68 33.80 150m 01:40.26 36.58 200m 02:16.60 36.34 250m 02:58.26 41.66 300m 03:39.93 41.67 350m 04:12.75 32.82 |       |       |                         |                 |        |            |
|      | 400m  | 04:43.92 31.17                                                                                                                          |       |       |                         |                 |        |            |
| 2.   | 3/4   | <b>NEMES Ármin Boldizsár</b>                                                                                                            | 2009  |       | Kőbánya Sport Club      | <b>04:44.05</b> | +00.13 | <b>564</b> |
|      | R.Idő | 00.70 50m 30.04 100m 01:04.32 34.28 150m 01:40.41 36.09 200m 02:16.10 35.69 250m 02:58.07 41.97 300m 03:39.49 41.42 350m 04:12.52 33.03 |       |       |                         |                 |        |            |
|      | 400m  | 04:44.05 31.53                                                                                                                          |       |       |                         |                 |        |            |
| 3.   | 2/7   | <b>MAYER Zsombor Ferenc</b>                                                                                                             | 2009  |       | Kőbánya Sport Club      | <b>04:47.20</b> | +03.28 | <b>546</b> |
|      | R.Idő | 00.82 50m 31.03 100m 01:06.26 35.23 150m 01:43.35 37.09 200m 02:19.63 36.28 250m 02:59.84 40.21 300m 03:41.30 41.46 350m 04:14.53 33.23 |       |       |                         |                 |        |            |
|      | 400m  | 04:47.20 32.67                                                                                                                          |       |       |                         |                 |        |            |
| 4.   | 2/5   | <b>HUSZTI Márton</b>                                                                                                                    | 2009  |       | Darnyi Tamás SC         | <b>04:47.54</b> | +03.62 | <b>544</b> |
|      | R.Idő | 00.69 50m 30.48 100m 01:06.08 35.60 150m 01:42.53 36.45 200m 02:18.52 35.99 250m 03:00.59 42.07 300m 03:43.22 42.63 350m 04:15.90 32.68 |       |       |                         |                 |        |            |
|      | 400m  | 04:47.54 31.64                                                                                                                          |       |       |                         |                 |        |            |
| 5.   | 2/4   | <b>SZAKA Szabolcs</b>                                                                                                                   | 2009  |       | Dombóvári               | <b>04:50.36</b> | +06.44 | <b>528</b> |
|      | R.Idő | 00.68 50m 30.76 100m 01:06.42 35.66 150m 01:41.80 35.38 200m 02:17.68 35.88 250m 02:59.46 41.78 300m 03:41.84 42.38 350m 04:16.65 34.81 |       |       |                         |                 |        |            |
|      | 400m  | 04:50.36 33.71                                                                                                                          |       |       |                         |                 |        |            |
| 6.   | 2/6   | <b>SUDÁR Norbert</b>                                                                                                                    | 2009  |       | Újpesti Torna Egylet    | <b>04:51.00</b> | +07.08 | <b>525</b> |
|      | R.Idő | 00.74 50m 30.91 100m 01:06.26 35.35 150m 01:43.41 37.15 200m 02:19.91 36.50 250m 03:03.24 43.33 300m 03:46.17 42.93 350m 04:19.22 33.05 |       |       |                         |                 |        |            |
|      | 400m  | 04:51.00 31.78                                                                                                                          |       |       |                         |                 |        |            |
| 7.   | 5/0   | <b>VARGA Balázs</b>                                                                                                                     | 2009  |       | Keszthelyi Kiscápák     | <b>04:51.19</b> | +07.27 | <b>524</b> |
|      | R.Idő | 00.68 50m 30.31 100m 01:06.47 36.16 150m 01:44.38 37.91 200m 02:21.34 36.96 250m 03:03.03 41.69 300m 03:44.67 41.64 350m 04:17.99 33.32 |       |       |                         |                 |        |            |
|      | 400m  | 04:51.19 33.20                                                                                                                          |       |       |                         |                 |        |            |
| 8.   | 1/3   | <b>PINTÉR Levente</b>                                                                                                                   | 2009  |       | Bohóchal Egyesület      | <b>04:53.00</b> | +09.08 | <b>514</b> |
|      | R.Idő | 00.82 50m 30.85 100m 01:06.82 35.97 150m 01:43.20 36.38 200m 02:18.51 35.31 250m 03:01.97 43.46 300m 03:45.22 43.25 350m 04:20.11 34.89 |       |       |                         |                 |        |            |
|      | 400m  | 04:53.00 32.89                                                                                                                          |       |       |                         |                 |        |            |
| 9.   | 2/3   | <b>VÁRADI Márton</b>                                                                                                                    | 2009  |       | Ferencvárosi Torna Club | <b>04:53.57</b> | +09.65 | <b>511</b> |
|      | R.Idő | 00.66 50m 31.10 100m 01:07.26 36.16 150m 01:43.89 36.63 200m 02:20.14 36.25 250m 03:03.00 42.86 300m 03:46.12 43.12 350m 04:20.08 33.96 |       |       |                         |                 |        |            |
|      | 400m  | 04:53.57 33.49                                                                                                                          |       |       |                         |                 |        |            |
| 10.  | 2/0   | <b>CSURGÓ Tamás</b>                                                                                                                     | 2009  |       | Érdi Vízisport Kft      | <b>04:54.94</b> | +11.02 | <b>504</b> |
|      | R.Idő | 00.75 50m 31.31 100m 01:08.56 37.25 150m 01:45.07 36.51 200m 02:21.43 36.36 250m 03:05.62 44.19 300m 03:50.70 45.08 350m 04:23.45 32.75 |       |       |                         |                 |        |            |
|      | 400m  | 04:54.94 31.49                                                                                                                          |       |       |                         |                 |        |            |
| 11.  | 2/8   | <b>HUDÁCSKÓ András</b>                                                                                                                  | 2009  |       | Ferencvárosi Torna Club | <b>04:57.54</b> | +13.62 | <b>491</b> |
|      | R.Idő | 00.63 50m 31.49 100m 01:08.66 37.17 150m 01:46.13 37.47 200m 02:22.15 36.02 250m 03:05.95 43.80 300m 03:49.33 43.38 350m 04:24.49 35.16 |       |       |                         |                 |        |            |
|      | 400m  | 04:57.54 33.05                                                                                                                          |       |       |                         |                 |        |            |
| 12.  | 1/1   | <b>FEKETE-NAGY Ábel</b>                                                                                                                 | 2010  |       | Érdi Vízisport Kft      | <b>04:57.66</b> | +13.74 | <b>490</b> |
|      | R.Idő | 00.69 50m 30.56 100m 01:07.00 36.44 150m 01:47.10 40.10 200m 02:25.44 38.34 250m 03:06.81 41.37 300m 03:48.69 41.88 350m 04:23.59 34.90 |       |       |                         |                 |        |            |
|      | 400m  | 04:57.66 34.07                                                                                                                          |       |       |                         |                 |        |            |
| 13.  | 1/7   | <b>OROVECZ Patrik</b>                                                                                                                   | 2010  |       | Debreceni Sportc. SI    | <b>05:00.81</b> | +16.89 | <b>475</b> |
|      | R.Idő | 00.66 50m 32.35 100m 01:10.33 37.98 150m 01:47.47 37.14 200m 02:23.53 36.06 250m 03:07.69 44.16 300m 03:52.86 45.17 350m 04:27.98 35.12 |       |       |                         |                 |        |            |
|      | 400m  | 05:00.81 32.83                                                                                                                          |       |       |                         |                 |        |            |

## ELŐFUTAM KAT. EREDMÉNY

### 400 m férfi vegyes

29. versenyszám

| Évjárat | Csúcs    | Név             | Helyszín       | Dátum          |
|---------|----------|-----------------|----------------|----------------|
| 18      | 04:03.16 | KÓS Hubert      | Kazan (RUS)    | 2021. nov. 07. |
| 17      | 04:10.28 | VERRASZTÓ Dávid | Triest         | 2005. dec. 09. |
| 16      | 04:13.20 | KÓS Hubert      | Kaposvár       | 2019. dec. 13. |
| 15      | 04:16.59 | KÓS Hubert      | Százhalombatta | 2018. nov. 09. |
| 14      | 04:27.52 | KÓS Hubert      | Százhalombatta | 2017. nov. 09. |
| 13      | 04:38.32 | KÓS Hubert      | Százhalombatta | 2016. nov. 03. |

### C - GYERMEK (2009-2010)

| Hely | Pálya | Név                  | Szül. | Orsz. | Klub                     | Idő                    | Gap                    | FINA                   |                        |                        |
|------|-------|----------------------|-------|-------|--------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| 14.  | 1/2   | MÁRTON Levente       | 2010  |       | Ferencvárosi Torna Club  | 05:01.25               | +17.33                 | 473                    |                        |                        |
|      | R.Idő | 00.69                | 50m   | 30.80 | 100m 01:07.06<br>36.26   | 150m 01:44.85<br>37.79 | 200m 02:22.07<br>37.22 | 250m 03:08.09<br>46.02 | 300m 03:54.42<br>46.33 | 350m 04:28.38<br>33.96 |
|      | 400m  | 05:01.25<br>32.87    |       |       |                          |                        |                        |                        |                        |                        |
|      |       |                      |       |       |                          |                        |                        |                        |                        |                        |
| 15.  | 1/6   | KISS Károly          | 2010  |       | Szentes Városi Úszó Club | 05:14.79               | +30.87                 | 415                    |                        |                        |
|      | R.Idő | 00.69                | 50m   | 32.58 | 100m 01:11.27<br>38.69   | 150m 01:56.34<br>45.07 | 200m 02:36.76<br>40.42 | 250m 03:19.94<br>43.18 | 300m 04:03.92<br>43.98 | 350m 04:40.24<br>36.32 |
|      | 400m  | 05:14.79<br>34.55    |       |       |                          |                        |                        |                        |                        |                        |
|      |       |                      |       |       |                          |                        |                        |                        |                        |                        |
| DNS  | 3/0   | SZABÓ Marcell Attila | 2010  |       | NICS-HSÚVC               |                        |                        |                        |                        |                        |