

KORCSOPORTOS EREDMÉNY**1500 m női gyors**

36. versenyszám

Cápa 11

Évjárat	Csúcs	Név	Helyszín	Dátum
12	17:20.02	KÉSELY Ajna	Eger	2013/08/01
11	18:25.53	VERRASZTÓ Evelyn	Budapest	2000/12/15

Hely	Pálya	Név	Szül.				Orsz.	Klub	Idő				Gap				AQUA	
1.	2/4	BESENCZI Hella	2014				Zalaco Zalaegerszegi Úszó Klub				19:01.17				524			
		Edző: Horváth Csaba																
	R.Idő	00.55	50m	33.88	100m	01:11.57	150m	01:49.58	200m	02:27.92	250m	03:05.76	300m	03:44.36	350m	04:22.19		
						37.69		38.01		38.34		37.84		38.60		37.83		
	400m	05:00.53	450m	05:38.22	500m	06:17.08	550m	06:54.73	600m	07:33.17	650m	08:11.77	700m	08:49.99	750m	09:27.85		
		38.34		37.69		38.86		37.65		38.44		38.60		38.22		37.86		
	800m	10:06.40	850m	10:44.46	900m	11:22.43	950m	12:00.60	1000m	12:39.17	1050m	13:17.58	1100m	13:56.24	1150m	14:34.42		
		38.55		38.06		37.97		38.17		38.57		38.41		38.66		38.18		
	1200m	15:12.99	1250m	15:51.23	1300m	16:29.54	1350m	17:07.72	1400m	17:46.43	1450m	18:24.27	1500m	19:01.17				
		38.57		38.24		38.31		38.18		38.71		37.84		36.90				
2.	2/5	SZEBENI Róza	2014				Darnyi Tamás SC				19:36.27				+35.10 479			
	R.Idő	00.74	50m	34.18	100m	01:11.84	150m	01:51.00	200m	02:29.82	250m	03:09.25	300m	03:48.29	350m	04:27.35		
						37.66		39.16		38.82		39.43		39.04		39.06		
	400m	05:06.59	450m	05:46.29	500m	06:25.63	550m	07:04.91	600m	07:43.99	650m	08:23.25	700m	09:02.51	750m	09:41.77		
		39.24		39.70		39.34		39.28		39.08		39.26		39.26		39.26		
	800m	10:21.10	850m	11:00.58	900m	11:40.49	950m	12:20.49	1000m	13:00.56	1050m	13:40.51	1100m	14:20.41	1150m	15:00.52		
		39.33		39.48		39.91		40.00		40.07		39.95		39.90		40.11		
	1200m	15:40.22	1250m	16:19.74	1300m	16:59.49	1350m	17:39.23	1400m	18:18.71	1450m	18:57.56	1500m	19:36.27				
		39.70		39.52		39.75		39.74		39.48		38.85		38.71				
3.	2/3	GALAMBOS Léna	2014				Miskolci Sportiskola				19:43.71				+42.54 470			
	R.Idő	00.84	50m	34.40	100m	01:12.99	150m	01:52.42	200m	02:32.02	250m	03:11.96	300m	03:51.58	350m	04:31.55		
						38.59		39.43		39.60		39.94		39.62		39.97		
	400m	05:11.28	450m	05:51.40	500m	06:31.54	550m	07:11.70	600m	07:51.85	650m	08:31.95	700m	09:11.63	750m	09:51.91		
		39.73		40.12		40.14		40.16		40.15		40.10		39.68		40.28		
	800m	10:31.32	850m	11:11.23	900m	11:50.99	950m	12:30.66	1000m	13:10.46	1050m	13:50.23	1100m	14:29.66	1150m	15:09.51		
		39.41		39.91		39.76		39.67		39.80		39.77		39.43		39.85		
	1200m	15:49.26	1250m	16:29.12	1300m	17:08.54	1350m	17:48.32	1400m	18:27.45	1450m	19:06.82	1500m	19:43.71				
		39.75		39.86		39.42		39.78		39.13		39.37		36.89				
4.	2/1	AUGUSZ Éva	2014				Szegedi Úszó Egylet				20:02.07				+01:00.90 449			
	R.Idő	00.77	50m	35.43	100m	01:13.92	150m	01:53.84	200m	02:33.33	250m	03:12.83	300m	03:52.20	350m	04:32.07		
						38.49		39.92		39.49		39.50		39.37		39.87		
	400m	05:12.55	450m	05:52.79	500m	06:33.60	550m	07:14.10	600m	07:54.68	650m	08:35.01	700m	09:15.35	750m	09:55.90		
		40.48		40.24		40.81		40.50		40.58		40.33		40.34		40.55		
	800m	10:36.55	850m	11:16.86	900m	11:57.19	950m	12:37.23	1000m	13:18.40	1050m	13:59.01	1100m	14:40.00	1150m	15:20.62		
		40.65		40.31		40.33		40.04		41.17		40.61		40.99		40.62		
	1200m	16:01.41	1250m	16:41.92	1300m	17:22.59	1350m	18:03.03	1400m	18:43.85	1450m	19:23.50	1500m	20:02.07				
		40.79		40.51		40.67		40.44		40.82		39.65		38.57				
5.	2/6	PÉNZES Panna	2014				Debreceni Sportc. SI				20:20.24				+01:19.07 429			
	R.Idő	00.70	50m	35.62	100m	01:15.76	150m	01:56.54	200m	02:37.02	250m	03:16.87	300m	03:57.74	350m	04:38.45		
						40.14		40.78		40.48		39.85		40.87		40.71		
	400m	05:19.10	450m	06:00.42	500m	06:41.21	550m	07:22.27	600m	08:03.20	650m	08:43.61	700m	09:24.91	750m	10:05.90		
		40.65		41.32		40.79		41.06		40.93		40.41		41.30		40.99		
	800m	10:46.85	850m	11:28.14	900m	12:09.27	950m	12:50.84	1000m	13:32.25	1050m	14:13.44	1100m	14:55.05	1150m	15:36.23		
		40.95		41.29		41.13		41.57		41.41		41.19		41.61		41.18		
	1200m	16:17.59	1250m	16:58.47	1300m	17:40.01	1350m	18:21.18	1400m	19:02.34	1450m	19:42.67	1500m	20:20.24				
		41.36		40.88		41.54		41.17		41.16		40.33		37.57				
6.	2/8	BUGYI Gréta	2014				Szentes Városi Úszó Club				20:23.56				+01:22.39 425			
	R.Idő	00.49	50m	35.50	100m	01:15.86	150m	01:56.80	200m	02:37.93	250m	03:19.77	300m	04:01.23	350m	04:41.97		
						40.36		40.94		41.13		41.84		41.46		40.74		
	400m	05:23.53	450m	06:05.33	500m	06:46.15	550m	07:27.45	600m	08:08.86	650m	08:50.67	700m	09:31.59	750m	10:13.03		
		41.56		41.80		40.82		41.30		41.41		41.81		40.92		41.44		
	800m	10:54.69	850m	11:37.04	900m	12:18.44	950m	13:00.58	1000m	13:40.75	1050m	14:22.27	1100m	15:03.38	1150m	15:44.94		
		41.66		42.35		41.40		42.14		40.17		41.52		41.11		41.56		
	1200m	16:25.56	1250m	17:07.70	1300m	17:49.03	1350m	18:28.93	1400m	19:09.16	1450m	19:48.01	1500m	20:23.56				
		40.62		42.14		41.33		39.90		40.23		38.85		35.55				
7.	3/1	FÁSI Szófia	2014				Dunaújvárosi Központi Sportegyes.				20:41.85				+01:40.68 407			
	50m	35.48	100m	01:17.32	150m	01:59.59	200m	02:41.36	250m	03:23.27	300m	04:05.30	350m	04:47.20	400m	05:29.03		
				41.84		42.27		41.77		41.91		42.03		41.90		41.83		
	450m	06:10.91	500m	06:52.85	550m	07:35.21	600m	08:17.66	650m	08:58.94	700m	09:40.83	750m	10:22.75	800m	11:04.87		
		41.88		41.94		42.36		42.45		41.28		41.89		41.92		42.12		
	850m	11:45.62	900m	12:26.98	950m	13:08.50	1000m	13:50.89	1050m	14:32.61	1100m	15:14.36	1150m	15:55.90	1200m	16:37.49		
		40.75		41.36		41.52		42.39		41.72		41.75		41.54		41.59		
	1250m	17:19.24	1300m	18:00.31	1350m	18:42.00	1400m	19:23.82	1450m	20:04.33	1500m	20:41.85						
		41.75		41.07		41.69		41.82		40.51		37.52						
8.	2/7	SZARVAS Flóra	2014				BVSC-Zugló				20:43.41				+01:42.24 405			
	R.Idő	00.75	50m	35.94	100m	01:16.32	150m	01:57.83	200m	02:39.50	250m	03:20.92	300m	04:02.78	350m	04:44.13		
						40.38		41.51		41.67		41.42		41.86		41.35		
	400m	05:26.00	450m	06:07.87	500m	06:49.76	550m	07:31.53	600m	08:13.67	650m	08:55.59	700m	09:37.56	750m	10:19.50		
		41.87		41.87		41.89		41.77		42.14		41.92		41.97		41.94		
	800m	11:01.58	850m	11:43.41	900m	12:25.45	950m	13:07.40	1000m	13:49.30	1050m	14:31.16	1100m	15:13.26	1150m	15:55.06		
		42.08		41.83		42.04		41.95		41.90		41.86		42.10		41.80		
	1200m	16:36.76	1250m	17:18.99	1300m	18:00.67	1350m	18:42.33	1400m	19:23.74	1450m	20:04.52	1500m	20:43.41				
		41.70		42.23		41.68		41.66		41.41		40.78		38.89				

KORCSOPORTOS EREDMÉNY

1500 m női gyors

36. versenyszám

Cápa 11

Évjárat	Csúcs	Név	Helyszín	Dátum
12	17:20.02	KÉSELY Ajna	Eger	2013/08/01
11	18:25.53	VERRASZTÓ Evelyn	Budapest	2000/12/15

Hely	Pálya	Név	Szül.					Orsz.	Klub	Idő					Gap	AQUA
9.	2/2	SIPŐCZ Lora	2014						BVSC-Zugló	20:45.13					+01:43.96	404
	R.Idő	00.51	50m	35.60	100m	01:15.37	150m	01:56.56	200m	02:37.70	250m	03:18.98	300m	04:00.59	350m	04:42.13
						39.77		41.19		41.14		41.28		41.61		41.54
	400m	05:23.86	450m	06:04.93	500m	06:46.44	550m	07:28.01	600m	08:09.74	650m	08:51.79	700m	09:33.71	750m	10:15.71
		41.73		41.07		41.51		41.57		41.73		42.05		41.92		42.00
	800m	10:57.84	850m	11:39.99	900m	12:22.43	950m	13:04.79	1000m	13:46.84	1050m	14:29.83	1100m	15:12.27	1150m	15:54.85
		42.13		42.15		42.44		42.36		42.05		42.99		42.44		42.58
	1200m	16:37.08	1250m	17:19.04	1300m	18:00.98	1350m	18:42.66	1400m	19:24.57	1450m	20:05.11	1500m	20:45.13		
		42.23		41.96		41.94		41.68		41.91		40.54		40.02		
10.	4/3	DUSKA Rebeka	2014						Ybl Waterpolo Club	21:08.24					+02:07.07	382
	R.Idő	00.70	50m	37.37	100m	01:19.26	150m	02:01.80	200m	02:44.09	250m	03:26.68	300m	04:09.30	350m	04:52.17
						41.89		42.54		42.29		42.59		42.62		42.87
	400m	05:34.63	450m	06:17.67	500m	06:59.82	550m	07:43.11	600m	08:25.61	650m	09:08.33	700m	09:51.04	750m	10:33.77
		42.46		43.04		42.15		43.29		42.50		42.72		42.71		42.73
	800m	11:16.51	850m	12:00.12	900m	12:43.03	950m	13:26.08	1000m	14:09.01	1050m	14:51.45	1100m	15:34.45	1150m	16:17.95
		42.74		43.61		42.91		43.05		42.93		42.44		43.00		43.50
	1200m	16:59.42	1250m	17:41.54	1300m	18:23.62	1350m	19:05.87	1400m	19:47.66	1450m	20:29.00	1500m	21:08.24		
		41.47		42.12		42.08		42.25		41.79		41.34		39.24		
11.	4/8	HOLLÓSI Lilla Amira	2014						BVSC-Zugló	21:35.49					+02:34.32	358
	50m	36.77	100m	01:18.38	150m	02:01.26	200m	02:44.18	250m	03:27.58	300m	04:11.50	350m	04:54.90	400m	05:38.86
				41.61		42.88		42.92		43.40		43.92		43.40		43.96
	450m	06:22.96	500m	07:06.96	550m	07:50.72	600m	08:34.64	650m	09:18.61	700m	10:02.73	750m	10:46.29	800m	11:29.32
		44.10		44.00		43.76		43.92		43.97		44.12		43.56		43.03
	850m	12:12.98	900m	12:56.15	950m	13:40.08	1000m	14:23.87	1050m	15:07.24	1100m	15:50.34	1150m	16:33.98	1200m	17:18.09
		43.66		43.17		43.93		43.79		43.37		43.10		43.64		44.11
	1250m	18:01.96	1300m	18:45.19	1350m	19:28.62	1400m	20:11.56	1450m	20:53.89	1500m	21:35.49				
		43.87		43.23		43.43		42.94		42.33		41.60				
12.	4/6	SUBA Léna Petra	2014						Balaton ÚK Veszprém	21:39.92					+02:38.75	355
	50m	39.04	100m	01:23.17	150m	02:06.85	200m	02:51.06	250m	03:35.22	300m	04:18.59	350m	05:02.74	400m	05:46.37
				44.13		43.68		44.21		44.16		43.37		44.15		43.63
	450m	06:30.96	500m	07:15.22	550m	07:59.14	600m	08:43.17	650m	09:27.80	700m	10:11.97	750m	10:54.98	800m	11:39.07
		44.59		44.26		43.92		44.03		44.63		44.17		43.01		44.09
	850m	12:22.60	900m	13:05.97	950m	13:49.16	1000m	14:32.92	1050m	15:16.54	1100m	16:00.35	1150m	16:43.06	1200m	17:26.06
		43.53		43.37		43.19		43.76		43.62		43.81		42.71		43.00
	1250m	18:09.00	1300m	18:52.27	1350m	19:35.11	1400m	20:17.65	1450m	20:59.58	1500m	21:39.92				
		42.94		43.27		42.84		42.54		41.93		40.34				
13.	4/1	NAGY-LAKATOS Blanka	2014						BVSC-Zugló	21:59.62					+02:58.45	339
	R.Idő	00.59	50m	38.59	100m	01:22.41	150m	02:06.36	200m	02:51.58	250m	03:35.12	300m	04:19.54	350m	05:03.05
						43.82		43.95		45.22		43.54		44.42		43.51
	400m	05:47.98	450m	06:32.15	500m	07:15.86	550m	07:59.62	600m	08:43.62	650m	09:27.70	700m	10:11.44	750m	10:55.53
		44.93		44.17		43.71		43.76		44.00		44.08		43.74		44.09
	800m	11:39.60	850m	12:23.85	900m	13:07.98	950m	13:51.43	1000m	14:35.81	1050m	15:19.73	1100m	16:04.01	1150m	16:49.34
		44.07		44.25		44.13		43.45		44.38		43.92		44.28		45.33
	1200m	17:34.21	1250m	18:19.56	1300m	19:04.36	1350m	19:49.07	1400m	20:33.64	1450m	21:17.30	1500m	21:59.62		
		44.87		45.35		44.80		44.71		44.57		43.66		42.32		
14.	4/0	SÓGOR Fruzsina Eszter	2014						Debreceni Sportc. SI	22:55.47					+03:54.30	299
	R.Idő	00.64	50m	37.80	100m	01:22.03	150m	02:06.85	200m	02:52.64	250m	03:38.42	300m	04:25.02	350m	05:11.74
						44.23		44.82		45.79		45.78		46.60		46.72
	400m	05:58.29	450m	06:44.59	500m	07:30.68	550m	08:15.90	600m	09:02.65	650m	09:49.23	700m	10:36.52	750m	11:22.80
		46.55		46.30		46.09		45.22		46.75		46.58		47.29		46.28
	800m	12:09.39	850m	12:55.13	900m	13:41.93	950m	14:28.23	1000m	15:14.77	1050m	16:00.72	1100m	16:47.22	1150m	17:33.34
		46.59		45.74		46.80		46.30		46.54		45.95		46.50		46.12
	1200m	18:19.51	1250m	19:06.16	1300m	19:53.08	1350m	20:39.62	1400m	21:26.24	1450m	22:12.43	1500m	22:55.47		
		46.17		46.65		46.92		46.54		46.62		46.19		43.04		
15.	5/5	HORVÁTH Zoé	2014						Tatabányai Vízmű SE	23:13.99					+04:12.82	287
	R.Idő	00.68	50m	39.33	100m	01:23.95	150m	02:09.04	200m	02:55.05	250m	03:40.33	300m	04:26.67	350m	05:12.38
						44.62		45.09		46.01		45.28		46.34		45.71
	400m	05:59.33	450m	06:45.08	500m	07:31.97	550m	08:17.88	600m	09:05.00	650m	09:51.44	700m	10:38.32	750m	11:25.09
		46.95		45.75		46.89		45.91		47.12		46.44		46.88		46.77
	800m	12:12.68	850m	12:59.90	900m	13:47.43	950m	14:34.53	1000m	15:22.18	1050m	16:08.70	1100m	16:56.98	1150m	17:43.72
		47.59		47.22		47.53		47.10		47.65		46.52		48.28		46.74
	1200m	18:31.58	1250m	19:20.26	1300m	20:08.47	1350m	20:55.79	1400m	21:43.33	1450m	22:28.99	1500m	23:13.99		
		47.86		48.68		48.21		47.32		47.54		45.66		45.00		
16.	5/2	RÓZSA Rebeka	2014						NivoMed Egyesület	23:28.55					+04:27.38	279
	R.Idő	00.87	50m	40.93	100m	01:26.59	150m	02:13.67	200m	03:01.15	250m	03:48.37	300m	04:35.97	350m	05:23.89
						45.66		47.08		47.48		47.22		47.60		47.92
	400m	06:11.27	450m	06:58.29	500m	07:45.76	550m	08:32.95	600m	09:19.97	650m	10:07.53	700m	10:54.50	750m	11:41.71
		47.38		47.02		47.47		47.19		47.02		47.56		46.97		47.21
	800m	12:29.15	850m	13:17.04	900m	14:05.10	950m	14:53.22	1000m	15:41.23	1050m	16:28.30	1100m	17:15.93	1150m	18:03.87
		47.44		47.89		48.06		48.12		48.01		47.07		47.63		47.94
	1200m	18:51.21	1250m	19:38.44	1300m	20:25.84	1350m	21:13.02	1400m	21:59.61	1450m	22:46.01	1500m	23:28.55		
		47.34		47.23		47.40		47.18		46.59		46.40		42.54		

KORCSOPORTOS EREDMÉNY

1500 m női gyors

36. versenyszám

Cápa 11

Évjárat	Csúcs	Név	Helyszín	Dátum
12	17:20.02	KÉSELY Ajna	Eger	2013/08/01
11	18:25.53	VERRASZTÓ Evelyn	Budapest	2000/12/15

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA
DNS	4/5	SCHMIDT Luca Anna	2014		Budapesti Honvéd SE			
DNS	5/6	KÓTÉ Ajna Marietta	2014		Debreceni Sportc. SI			

KORCSOPORTOS EREDMÉNY

1500 m női gyors

36. versenyszám

Cápa 12

Évjárat	Csúcs	Név	Helyszín	Dátum
12	17:20.02	KÉSELY Ajna	Eger	2013/08/01
11	18:25.53	VERRASZTÓ Evelyn	Budapest	2000/12/15

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA								
1.	1/5	ERDŐS Luca	2013		Debreceni Sportc. SI	17:57.50		623								
		Edző: Bodor Richárd, Horváth Péter														
	R.Idő	00.76	50m	32.94	100m	01:08.59 35.65	150m	01:44.45 35.86	200m	02:20.14 35.69	250m	02:56.44 36.30	300m	03:33.26 36.82	350m	04:10.00 36.74
	400m	04:46.35 36.35	450m	05:22.94 36.59	500m	05:59.52 36.58	550m	06:36.17 36.65	600m	07:13.08 36.91	650m	07:49.83 36.75	700m	08:26.32 36.49	750m	09:02.62 36.30
	800m	09:39.13 36.51	850m	10:14.19 35.06	900m	10:49.51 35.32	950m	11:24.98 35.47	1000m	12:01.32 36.34	1050m	12:37.49 36.17	1100m	13:13.39 35.90	1150m	13:49.45 36.06
	1200m	14:25.20 35.75	1250m	15:00.61 35.41	1300m	15:36.41 35.80	1350m	16:12.23 35.82	1400m	16:47.90 35.67	1450m	17:23.44 35.54	1500m	17:57.50 34.06		
2.	1/4	SZELES Lilla Katalin	2013		Kőbánya Sport Club	18:17.53	+20.03	589								
	50m	32.36	100m	01:08.23 35.87	150m	01:44.45 36.22	200m	02:20.36 35.91	250m	02:56.88 36.52	300m	03:33.55 36.67	350m	04:10.24 36.69	400m	04:46.70 36.46
	450m	05:23.23 36.53	500m	06:00.15 36.92	550m	06:36.75 36.60	600m	07:13.57 36.82	650m	07:50.49 36.92	700m	08:27.08 36.59	750m	09:03.77 36.69	800m	09:40.31 36.54
	850m	10:16.89 36.58	900m	10:53.74 36.85	950m	11:30.29 36.55	1000m	12:07.42 37.13	1050m	12:44.25 36.83	1100m	13:21.11 36.86	1150m	13:58.15 37.04	1200m	14:35.10 36.95
	1250m	15:12.79 37.69	1300m	15:49.81 37.02	1350m	16:26.96 37.15	1400m	17:03.94 36.98	1450m	17:41.15 37.21	1500m	18:17.53 36.38				
3.	1/3	SZALAY Zorka Zsóka	2013		Darnyi Tamás SC	18:25.79	+28.29	576								
	R.Idő	00.77	50m	32.61	100m	01:07.43 34.82	150m	01:43.34 35.91	200m	02:19.91 36.57	250m	02:56.84 36.93	300m	03:33.88 37.04	350m	04:11.15 37.27
	400m	04:48.60 37.45	450m	05:25.97 37.37	500m	06:03.38 37.41	550m	06:40.36 36.98	600m	07:17.61 37.25	650m	07:54.31 36.70	700m	08:31.51 37.20	750m	09:08.53 37.02
	800m	09:45.78 37.25	850m	10:22.61 36.83	900m	10:59.96 37.35	950m	11:37.56 37.60	1000m	12:15.35 37.79	1050m	12:52.81 37.46	1100m	13:30.26 37.45	1150m	14:07.38 37.12
	1200m	14:44.78 37.40	1250m	15:21.59 36.81	1300m	15:58.76 37.17	1350m	16:35.57 36.81	1400m	17:12.94 37.37	1450m	17:49.86 36.92	1500m	18:25.79 35.93		
4.	1/6	BOSSÁNYI Lili	2013		Bohóchal Egyesület	18:29.07	+31.57	571								
	R.Idő	00.78	50m	33.12	100m	01:09.34 36.22	150m	01:45.49 36.15	200m	02:21.86 36.37	250m	02:58.36 36.50	300m	03:35.42 37.06	350m	04:12.34 36.92
	400m	04:49.41 37.07	450m	05:26.71 37.30	500m	06:03.70 36.99	550m	06:40.91 37.21	600m	07:18.17 37.26	650m	07:55.70 37.53	700m	08:33.65 37.95	750m	09:10.90 37.25
	800m	09:48.45 37.55	850m	10:26.21 37.76	900m	11:03.52 37.31	950m	11:41.25 37.73	1000m	12:18.55 37.30	1050m	12:55.76 37.21	1100m	13:33.15 37.39	1150m	14:10.46 37.31
	1200m	14:47.95 37.49	1250m	15:25.14 37.19	1300m	16:02.27 37.13	1350m	16:39.63 37.36	1400m	17:17.45 37.82	1450m	17:53.50 36.05	1500m	18:29.07 35.57		
5.	1/7	TÖMÖR Janka	2013		BVSC-Zugló	19:15.36	+01:17.86	505								
	R.Idő	00.87	50m	33.64	100m	01:10.90 37.26	150m	01:48.48 37.58	200m	02:27.08 38.60	250m	03:05.24 38.16	300m	03:43.63 38.39	350m	04:22.68 39.05
	400m	05:01.49 38.81	450m	05:40.32 38.83	500m	06:18.55 38.23	550m	06:57.59 39.04	600m	07:36.19 38.60	650m	08:15.52 39.33	700m	08:54.10 38.58	750m	09:32.84 38.74
	800m	10:11.62 38.78	850m	10:50.81 39.19	900m	11:30.24 39.43	950m	12:08.63 38.39	1000m	12:47.73 39.10	1050m	13:26.63 38.90	1100m	14:06.22 39.59	1150m	14:44.78 38.56
	1200m	15:23.88 39.10	1250m	16:03.45 39.57	1300m	16:42.54 39.09	1350m	17:21.34 38.80	1400m	17:59.97 38.63	1450m	18:38.05 38.08	1500m	19:15.36 37.31		
6.	1/1	KOVÁCS Lili	2013		Tatabányai Vízmű SE	19:21.97	+01:24.47	497								
	R.Idő	00.70	50m	34.44	100m	01:12.50 38.06	150m	01:50.88 38.38	200m	02:29.65 38.77	250m	03:08.59 38.94	300m	03:47.46 38.87	350m	04:26.59 39.13
	400m	05:05.72 39.13	450m	05:44.40 38.68	500m	06:23.50 39.10	550m	07:02.72 39.22	600m	07:41.35 38.63	650m	08:21.13 39.78	700m	09:00.13 39.00	750m	09:38.78 38.65
	800m	10:17.51 38.73	850m	10:56.61 39.10	900m	11:35.57 38.96	950m	12:14.71 39.14	1000m	12:53.66 38.95	1050m	13:32.64 38.98	1100m	14:11.92 39.28	1150m	14:51.05 39.13
	1200m	15:30.36 39.31	1250m	16:09.69 39.33	1300m	16:48.78 39.09	1350m	17:28.19 39.41	1400m	18:07.16 38.97	1450m	18:45.63 38.47	1500m	19:21.97 36.34		
7.	1/2	SZŐLŐSI - BÁLINT Kincső Petra	2013		Debreceni Sportc. SI	19:22.70	+01:25.20	496								
	R.Idő	00.79	50m	33.67	100m	01:11.38 37.71	150m	01:50.25 38.87	200m	02:29.21 38.96	250m	03:08.23 39.02	300m	03:47.26 39.03	350m	04:26.04 38.78
	400m	05:05.13 39.09	450m	05:43.97 38.84	500m	06:22.96 38.99	550m	07:01.89 38.93	600m	07:41.30 39.41	650m	08:20.83 39.53	700m	09:00.16 39.33	750m	09:39.10 38.94
	800m	10:18.10 39.00	850m	10:56.91 38.81	900m	11:35.82 38.91	950m	12:14.71 38.89	1000m	12:53.44 38.73	1050m	13:32.69 39.25	1100m	14:12.38 39.69	1150m	14:51.77 39.39
	1200m	15:30.77 39.00	1250m	16:10.02 39.25	1300m	16:49.77 39.75	1350m	17:28.53 38.76	1400m	18:07.58 39.05	1450m	18:46.06 38.48	1500m	19:22.70 36.64		
8.	1/8	PERGER Rebeka	2013		RÁJA '94 Úszóklub Ajka	19:31.10	+01:33.60	485								
	R.Idő	00.88	50m	34.62	100m	01:12.59 37.97	150m	01:50.93 38.34	200m	02:30.05 39.12	250m	03:09.61 39.56	300m	03:48.90 39.29	350m	04:28.47 39.57
	400m	05:07.96 39.49	450m	05:47.90 39.94	500m	06:28.02 40.12	550m	07:07.61 39.59	600m	07:47.08 39.47	650m	08:26.92 39.84	700m	09:06.52 39.60	750m	09:45.80 39.28
	800m	10:25.41 39.61	850m	11:05.23 39.82	900m	11:44.91 39.68	950m	12:24.27 39.36	1000m	13:03.67 39.40	1050m	13:42.95 39.28	1100m	14:22.29 39.34	1150m	15:01.53 39.24
	1200m	15:40.70 39.17	1250m	16:20.01 39.31	1300m	16:59.01 39.00	1350m	17:38.16 39.15	1400m	18:16.76 38.60	1450m	18:54.83 38.07	1500m	19:31.10 36.27		

KORCSOPORTOS EREDMÉNY**1500 m női gyors**

36. versenyszám

Cápa 12

Évjárat	Csúcs	Név	Helyszín	Dátum
12	17:20.02	KÉSELY Ajna	Eger	2013/08/01
11	18:25.53	VERRASZTÓ Evelyn	Budapest	2000/12/15

Hely	Pálya	Név	Szül.				Orsz.	Klub	Idő						Gap	AQUA
9.	3/4	PODHORSZKI Csenge Edit	2013				Dunaújvárosi Központi Sportegyes						19:32.88	+01:35.38	483	
	R.Idő	00.70	50m	33.38	100m	01:11.24	150m	01:49.96	200m	02:28.57	250m	03:06.79	300m	03:45.60	350m	04:24.90
						37.86		38.72		38.61		38.22		38.81		39.30
	400m	05:03.36	450m	05:42.58	500m	06:21.38	550m	07:01.23	600m	07:39.85	650m	08:19.90	700m	08:59.02	750m	09:39.45
		38.46		39.22		38.80		39.85		38.62		40.05		39.12		40.43
	800m	10:18.76	850m	10:58.79	900m	11:38.33	950m	12:19.11	1000m	12:59.37	1050m	13:39.41	1100m	14:18.55	1150m	14:59.24
		39.31		40.03		39.54		40.78		40.26		40.04		39.14		40.69
	1200m	15:38.13	1250m	16:17.43	1300m	16:57.37	1350m	17:37.58	1400m	18:16.07	1450m	18:55.40	1500m	19:32.88		
		38.89		39.30		39.94		40.21		38.49		39.33		37.48		
10.	3/2	TÖRÖK Luca	2013				NICS-HSÚVC						19:48.26	+01:50.76	464	
	R.Idő	00.71	50m	33.87	100m	01:11.48	150m	01:50.30	200m	02:29.19	250m	03:08.96	300m	03:48.76	350m	04:28.91
						37.61		38.82		38.89		39.77		39.80		40.15
	400m	05:09.43	450m	05:49.63	500m	06:29.95	550m	07:10.10	600m	07:50.15	650m	08:29.84	700m	09:09.70	750m	09:49.42
		40.52		40.20		40.32		40.15		40.05		39.69		39.86		39.72
	800m	10:29.37	850m	11:09.55	900m	11:49.61	950m	12:29.31	1000m	13:09.70	1050m	13:49.98	1100m	14:30.88	1150m	15:11.55
		39.95		40.18		40.06		39.70		40.39		40.28		40.90		40.67
	1200m	15:52.38	1250m	16:32.78	1300m	17:13.37	1350m	17:53.65	1400m	18:33.49	1450m	19:11.77	1500m	19:48.26		
		40.83		40.40		40.59		40.28		39.84		38.28		36.49		
11.	3/7	MÉSZÁROS Kincső	2013				Four Diamonds SE						19:58.95	+02:01.45	452	
	R.Idő	00.86	50m	34.81	100m	01:12.67	150m	01:52.45	200m	02:32.26	250m	03:12.04	300m	03:51.18	350m	04:30.76
						37.86		39.78		39.81		39.78		39.14		39.58
	400m	05:10.08	450m	05:49.07	500m	06:29.22	550m	07:09.61	600m	07:49.68	650m	08:29.53	700m	09:10.23	750m	09:51.04
		39.32		38.99		40.15		40.39		40.07		39.85		40.70		40.81
	800m	10:30.34	850m	11:11.12	900m	11:51.36	950m	12:31.90	1000m	13:12.68	1050m	13:53.02	1100m	14:33.89	1150m	15:16.00
		39.30		40.78		40.24		40.54		40.78		40.34		40.87		42.11
	1200m	15:56.56	1250m	16:37.39	1300m	17:18.89	1350m	17:59.55	1400m	18:39.70	1450m	19:20.02	1500m	19:58.95		
		40.56		40.83		41.50		40.66		40.15		40.32		38.93		
12.	3/3	GYURICZA Kira	2013				Békéscsabai EÜK						20:05.90	+02:08.40	444	
	R.Idő	00.68	50m	34.66	100m	01:14.24	150m	01:55.03	200m	02:35.17	250m	03:15.85	300m	03:56.56	350m	04:36.77
						39.58		40.79		40.14		40.68		40.71		40.21
	400m	05:17.01	450m	05:58.29	500m	06:38.68	550m	07:19.03	600m	07:59.22	650m	08:39.73	700m	09:20.13	750m	10:00.01
		40.24		41.28		40.39		40.35		40.19		40.51		40.40		39.88
	800m	10:40.25	850m	11:21.05	900m	12:01.34	950m	12:42.23	1000m	13:22.56	1050m	14:03.13	1100m	14:43.83	1150m	15:24.55
		40.24		40.80		40.29		40.89		40.33		40.57		40.70		40.72
	1200m	16:05.15	1250m	16:46.00	1300m	17:27.13	1350m	18:07.09	1400m	18:47.67	1450m	19:27.91	1500m	20:05.90		
		40.60		40.85		41.13		39.96		40.58		40.24		37.99		
13.	3/8	PESZLEG Bianka	2013				Debreceni Sportc. SI						20:20.99	+02:23.49	428	
	R.Idő	00.84	50m	35.46	100m	01:15.30	150m	01:56.01	200m	02:36.50	250m	03:18.09	300m	03:59.18	350m	04:40.63
						39.84		40.71		40.49		41.59		41.09		41.45
	400m	05:21.53	450m	06:03.00	500m	06:44.20	550m	07:25.37	600m	08:06.25	650m	08:48.00	700m	09:29.09	750m	10:10.88
		40.90		41.47		41.20		41.17		40.88		41.75		41.09		41.79
	800m	10:52.17	850m	11:33.88	900m	12:14.54	950m	12:56.12	1000m	13:37.48	1050m	14:18.90	1100m	14:59.65	1150m	15:41.08
		41.29		41.71		40.66		41.58		41.36		41.42		40.75		41.43
	1200m	16:21.99	1250m	17:03.52	1300m	17:43.67	1350m	18:23.73	1400m	19:03.83	1450m	19:42.32	1500m	20:20.99		
		40.91		41.53		40.15		40.06		40.10		38.49		38.67		
14.	3/5	ZSELI Dorka	2013				Városi Sportegyesület Dunakeszi						20:22.80	+02:25.30	426	
	R.Idő	00.71	50m	35.77	100m	01:15.11	150m	01:55.97	200m	02:36.45	250m	03:16.42	300m	03:57.30	350m	04:38.24
						39.34		40.86		40.48		39.97		40.88		40.94
	400m	05:18.95	450m	06:00.10	500m	06:40.76	550m	07:21.86	600m	08:02.51	650m	08:43.54	700m	09:24.31	750m	10:05.67
		40.71		41.15		40.66		41.10		40.65		41.03		40.77		41.36
	800m	10:47.22	850m	11:28.74	900m	12:10.54	950m	12:51.65	1000m	13:33.25	1050m	14:14.40	1100m	14:55.37	1150m	15:37.03
		41.55		41.52		41.80		41.11		41.60		41.15		40.97		41.66
	1200m	16:18.06	1250m	16:59.74	1300m	17:40.68	1350m	18:22.06	1400m	19:02.68	1450m	19:43.84	1500m	20:22.80		
		41.03		41.68		40.94		41.38		40.62		41.16		38.96		
15.	3/6	GASPARICS-SZIGETI Lilla	2013				Kaposvári Sportközpont és Sportis						20:44.17	+02:46.67	404	
	R.Idő	00.73	50m	35.79	100m	01:16.93	150m	01:59.07	200m	02:41.57	250m	03:22.90	300m	04:05.03	350m	04:46.67
						41.14		42.14		42.50		41.33		42.13		41.64
	400m	05:28.45	450m	06:10.30	500m	06:52.28	550m	07:34.06	600m	08:16.37	650m	08:58.17	700m	09:40.18	750m	10:21.72
		41.78		41.85		41.98		41.78		42.31		41.80		42.01		41.54
	800m	11:03.70	850m	11:45.53	900m	12:27.49	950m	13:09.07	1000m	13:51.01	1050m	14:33.07	1100m	15:14.51	1150m	15:56.59
		41.98		41.83		41.96		41.58		41.94		42.06		41.44		42.08
	1200m	16:39.07	1250m	17:20.02	1300m	18:02.21	1350m	18:43.55	1400m	19:25.26	1450m	20:06.78	1500m	20:44.17		
		42.48		40.95		42.19		41.34		41.71		41.52		37.39		
16.	4/4	GALAMBOSI Lili	2013				Békéscsabai EÜK						20:51.96	+02:54.46	397	
	R.Idő	00.86	50m	37.99	100m	01:18.98	150m	02:01.06	200m	02:42.95	250m	03:25.06	300m	04:06.71	350m	04:48.85
						40.99		42.08		41.89		42.11		41.65		42.14
	400m	05:30.39	450m	06:12.32	500m	06:53.98	550m	07:36.19	600m	08:17.81	650m	08:59.80	700m	09:41.15	750m	10:23.43
		41.54		41.93		41.66		42.21		41.62		41.99		41.35		42.28
	800m	11:05.03	850m	11:47.88	900m	12:29.35	950m	13:12.19	1000m	13:54.06	1050m	14:36.34	1100m	15:18.20	1150m	16:00.55
		41.60		42.85		41.47		42.84		41.87		42.28		41.86		42.35
	1200m	16:43.38	1250m	17:26.03	1300m	18:07.40	1350m	18:49.93	1400m	19:31.46	1450m	20:13.95	1500m	20:51.96		
		42.83		42.65		41.37		42.53		41.53		42.49		38.01		

KORCSOPORTOS EREDMÉNY**1500 m női gyors**

36. versenyszám

Cápa 12

Évjárat	Csúcs	Név	Helyszín	Dátum
12	17:20.02	KÉSELY Ajna	Eger	2013/08/01
11	18:25.53	VERRASZTÓ Evelyn	Budapest	2000/12/15

Hely	Pálya	Név	Szül.				Orsz.	Klub	Idő				Gap				AQUA
17.	3/9	BUZÁS-FŐZY Léna	2013					BVSC-Zugló	21:19.95				+03:22.45				371
	R.Idő	00.57	50m	36.81	100m	01:17.63	150m	01:59.25	200m	02:41.24	250m	03:23.74	300m	04:05.85	350m	04:49.04	
						40.82		41.62		41.99		42.50		42.11		43.19	
	400m	05:31.55	450m	06:14.83	500m	06:57.31	550m	07:40.26	600m	08:23.16	650m	09:06.46	700m	09:49.63	750m	10:32.95	
		42.51		43.28		42.48		42.95		42.90		43.30		43.17		43.32	
	800m	11:15.75	850m	11:59.17	900m	12:42.24	950m	13:25.74	1000m	14:09.10	1050m	14:52.56	1100m	15:35.73	1150m	16:19.66	
		42.80		43.42		43.07		43.50		43.36		43.46		43.17		43.93	
	1200m	17:02.82	1250m	17:46.91	1300m	18:30.22	1350m	19:14.35	1400m	19:56.05	1450m	20:38.89	1500m	21:19.95			
		43.16		44.09		43.31		44.13		41.70		42.84		41.06			
18.	3/0	KONCZ Fanni	2013					Békéscsabai EÜK	21:22.25				+03:24.75				369
	R.Idő	00.68	50m	37.34	100m	01:20.69	150m	02:05.19	200m	02:49.13	250m	03:32.24	300m	04:15.50	350m	04:59.14	
						43.35		44.50		43.94		43.11		43.26		43.64	
	400m	05:42.57	450m	06:25.35	500m	07:08.56	550m	07:50.82	600m	08:33.63	650m	09:16.27	700m	09:59.04	750m	10:41.86	
		43.43		42.78		43.21		42.26		42.81		42.64		42.77		42.82	
	800m	11:24.87	850m	12:07.67	900m	12:50.45	950m	13:33.53	1000m	14:16.32	1050m	14:59.03	1100m	15:42.07	1150m	16:24.99	
		43.01		42.80		42.78		43.08		42.79		42.71		43.04		42.92	
	1200m	17:08.34	1250m	17:51.48	1300m	18:34.32	1350m	19:16.87	1400m	19:59.87	1450m	20:41.43	1500m	21:22.25			
		43.35		43.14		42.84		42.55		43.00		41.56		40.82			
19.	4/2	FERENCZI Júlia	2013					BVSC-Zugló	21:47.53				+03:50.03				348
	R.Idő	00.82	50m	39.12	100m	01:22.76	150m	02:06.35	200m	02:50.51	250m	03:34.47	300m	04:18.81	350m	05:02.71	
						43.64		43.59		44.16		43.96		44.34		43.90	
	400m	05:47.40	450m	06:32.64	500m	07:15.69	550m	08:00.03	600m	08:43.64	650m	09:27.57	700m	10:11.54	750m	10:55.71	
		44.69		45.24		43.05		44.34		43.61		43.93		43.97		44.17	
	800m	11:39.28	850m	12:23.80	900m	13:07.94	950m	13:51.18	1000m	14:34.23	1050m	15:17.72	1100m	16:01.19	1150m	16:44.34	
		43.57		44.52		44.14		43.24		43.05		43.49		43.47		43.15	
	1200m	17:28.21	1250m	18:12.10	1300m	18:55.77	1350m	19:39.49	1400m	20:23.46	1450m	21:06.58	1500m	21:47.53			
		43.87		43.89		43.67		43.72		43.97		43.12		40.95			
20.	5/4	VARGA Kinga Eszter	2013					A Jövő SC FCSM	21:55.19				+03:57.69				342
	R.Idő	00.70	50m	37.26	100m	01:20.04	150m	02:03.60	200m	02:47.35	250m	03:31.63	300m	04:15.70	350m	04:59.82	
						42.78		43.56		43.75		44.28		44.07		44.12	
	400m	05:43.87	450m	06:28.61	500m	07:12.33	550m	07:56.34	600m	08:40.24	650m	09:24.54	700m	10:08.64	750m	10:52.87	
		44.05		44.74		43.72		44.01		43.90		44.30		44.10		44.23	
	800m	11:37.22	850m	12:22.14	900m	13:06.69	950m	13:51.23	1000m	14:35.64	1050m	15:20.37	1100m	16:05.18	1150m	16:50.11	
		44.35		44.92		44.55		44.54		44.41		44.73		44.81		44.93	
	1200m	17:34.85	1250m	18:19.94	1300m	19:04.51	1350m	19:47.77	1400m	20:31.32	1450m	21:14.33	1500m	21:55.19			
		44.74		45.09		44.57		43.26		43.55		43.01		40.86			
21.	4/9	NAGY Luca	2013					Békési Úszó Klub E.	22:15.31				+04:17.81				327
	R.Idő	00.80	50m	36.40	100m	01:17.75	150m	02:00.66	200m	02:43.31	250m	03:26.82	300m	04:10.46	350m	04:54.13	
						41.35		42.91		42.65		43.51		43.64		43.67	
	400m	05:37.50	450m	06:23.03	500m	07:07.52	550m	07:53.60	600m	08:38.93	650m	09:23.70	700m	10:08.88	750m	10:53.93	
		43.37		45.53		44.49		46.08		45.33		44.77		45.18		45.05	
	800m	11:39.23	850m	12:23.92	900m	13:09.13	950m	13:55.56	1000m	14:40.73	1050m	15:27.48	1100m	16:14.25	1150m	17:01.29	
		45.30		44.69		45.21		46.43		45.17		46.75		46.77		47.04	
	1200m	17:45.94	1250m	18:32.33	1300m	19:17.87	1350m	20:04.19	1400m	20:49.12	1450m	21:34.14	1500m	22:15.31			
		44.65		46.39		45.54		46.32		44.93		45.02		41.17			
22.	5/3	TAKÁCS Mirjam	2013					Nyiregyházi Sportc.Nonprofit.Kft.	23:05.92				+05:08.42				292
	R.Idő	00.70	50m	39.16	100m	01:22.63	150m	02:08.18	200m	02:52.66	250m	03:39.25	300m	04:23.80	350m	05:11.26	
						43.47		45.55		44.48		46.59		44.55		47.46	
	400m	05:55.97	450m	06:43.40	500m	07:28.57	550m	08:15.97	600m	09:01.43	650m	09:48.63	700m	10:34.69	750m	11:22.50	
		44.71		47.43		45.17		47.40		45.46		47.20		46.06		47.81	
	800m	12:08.43	850m	12:56.39	900m	13:41.98	950m	14:30.37	1000m	15:16.53	1050m	16:05.10	1100m	16:52.21	1150m	17:40.41	
		45.93		47.96		45.59		48.39		46.16		48.57		47.11		48.20	
	1200m	18:27.71	1250m	19:16.62	1300m	20:03.59	1350m	20:51.35	1400m	21:38.00	1450m	22:24.41	1500m	23:05.92			
		47.30		48.91		46.97		47.76		46.65		46.41		41.51			
DNS	4/7	KUHÁR Zsófia	2013					Hód Úszó SE									