

KORCSOPORTOS EREDMÉNY

1500 m női gyors

36. versenyszám

Cápa 11

Évjárat	Csúcs	Név	Helyszín	Dátum
12	17:20.02	KÉSELY Ajna	Eger	2013/08/01
11	18:25.53	VERRASZTÓ Evelyn	Budapest	2000/12/15

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA								
1.	2/5	SZALAY Zorka Zsóka	2013		Darnyi Tamás SC	19:05.39		519								
	R.Idő	00.74	50m	34.60	100m	01:11.85	150m	01:49.57	200m	02:27.27	250m	03:05.77	300m	03:43.96	350m	04:22.63
						37.25		37.72		37.70		38.50		38.19		38.67
	400m	05:00.86	450m	05:39.20	500m	06:17.70	550m	06:56.47	600m	07:34.92	650m	08:13.56	700m	08:51.92	750m	09:30.46
		38.23		38.34		38.50		38.77		38.45		38.64		38.36		38.54
	800m	10:08.78	850m	10:47.23	900m	11:25.50	950m	12:04.46	1000m	12:43.07	1050m	13:21.38	1100m	14:00.00	1150m	14:38.40
		38.32		38.45		38.27		38.96		38.61		38.31		38.62		38.40
	1200m	15:16.95	1250m	15:55.51	1300m	16:33.91	1350m	17:12.49	1400m	17:50.76	1450m	18:28.54	1500m	19:05.39		
		38.55		38.56		38.40		38.58		38.27		37.78		36.85		
2.	2/3	BOSSÁNYI Lili	2013		Bohóchal Egyesület	19:10.26		+04.87	512							
	R.Idő	00.65	50m	33.07	100m	01:10.46	150m	01:48.93	200m	02:27.55	250m	03:05.61	300m	03:44.08	350m	04:22.36
						37.39		38.47		38.62		38.06		38.47		38.28
	400m	05:01.19	450m	05:39.74	500m	06:18.61	550m	06:56.80	600m	07:35.65	650m	08:14.04	700m	08:52.83	750m	09:31.03
		38.83		38.55		38.87		38.19		38.85		38.39		38.79		38.20
	800m	10:10.07	850m	10:48.09	900m	11:26.96	950m	12:05.25	1000m	12:43.94	1050m	13:22.72	1100m	14:01.87	1150m	14:40.17
		39.04		38.02		38.87		38.29		38.69		38.78		39.15		38.30
	1200m	15:19.44	1250m	15:57.93	1300m	16:37.10	1350m	17:15.52	1400m	17:54.39	1450m	18:32.25	1500m	19:10.26		
		39.27		38.49		39.17		38.42		38.87		37.86		38.01		
3.	2/6	SZELES Lilla Katalin	2013		Kőbánya Sport Club	19:16.58		+11.19	504							
	R.Idő	00.74	50m	34.09	100m	01:11.35	150m	01:49.43	200m	02:27.37	250m	03:05.71	300m	03:44.04	350m	04:22.90
						37.26		38.08		37.94		38.34		38.33		38.86
	400m	05:01.35	450m	05:39.78	500m	06:18.23	550m	06:56.95	600m	07:35.36	650m	08:14.50	700m	08:53.00	750m	09:31.79
		38.45		38.43		38.45		38.72		38.41		39.14		38.50		38.79
	800m	10:10.22	850m	10:49.21	900m	11:27.77	950m	12:06.88	1000m	12:45.44	1050m	13:24.68	1100m	14:04.16	1150m	14:43.21
		38.43		38.99		38.56		39.11		38.56		39.24		39.48		39.05
	1200m	15:22.63	1250m	16:01.92	1300m	16:41.24	1350m	17:20.29	1400m	17:59.33	1450m	18:38.53	1500m	19:16.58		
		39.42		39.29		39.32		39.05		39.04		39.20		38.05		
4.	2/4	ERDŐS Luca	2013		Debreceni Sportc. SI	19:36.82		+31.43	478							
	R.Idő	00.83	50m	34.25	100m	01:12.15	150m	01:50.55	200m	02:29.87	250m	03:08.78	300m	03:47.49	350m	04:27.16
						37.90		38.40		39.32		38.91		38.71		39.67
	400m	05:06.26	450m	05:45.51	500m	06:25.46	550m	07:05.23	600m	07:44.73	650m	08:24.76	700m	09:04.08	750m	09:43.30
		39.10		39.25		39.95		39.77		39.50		40.03		39.32		39.22
	800m	10:23.08	850m	11:02.77	900m	11:42.35	950m	12:22.22	1000m	13:02.04	1050m	13:41.14	1100m	14:21.24	1150m	15:01.11
		39.78		39.69		39.58		39.87		39.82		39.10		40.10		39.87
	1200m	15:40.80	1250m	16:20.37	1300m	17:00.04	1350m	17:39.86	1400m	18:19.58	1450m	18:58.45	1500m	19:36.82		
		39.69		39.57		39.67		39.82		39.72		38.87		38.37		
5.	2/8	FEHÉR Laura	2013		Bajai SSC	20:01.30		+55.91	449							
	R.Idő	00.81	50m	36.83	100m	01:16.46	150m	01:56.51	200m	02:35.79	250m	03:14.98	300m	03:54.62	350m	04:34.48
						39.63		40.05		39.28		39.19		39.64		39.86
	400m	05:14.63	450m	05:54.84	500m	06:34.79	550m	07:15.22	600m	07:55.05	650m	08:35.12	700m	09:15.39	750m	09:55.46
		40.15		40.21		39.95		40.43		39.83		40.07		40.27		40.07
	800m	10:36.21	850m	11:17.15	900m	11:57.44	950m	12:38.88	1000m	13:20.03	1050m	14:00.37	1100m	14:41.42	1150m	15:21.80
		40.75		40.94		40.29		41.44		41.15		40.34		41.05		40.38
	1200m	16:02.69	1250m	16:44.11	1300m	17:24.87	1350m	18:05.76	1400m	18:45.93	1450m	19:24.86	1500m	20:01.30		
		40.89		41.42		40.76		40.89		40.17		38.93		36.44		
6.	2/7	KOVÁCS Mira Boglárka	2013		Ferencvárosi Torna Club	20:14.64		+01:09.25	435							
	R.Idő	00.95	50m	36.66	100m	01:16.75	150m	01:56.49	200m	02:36.04	250m	03:15.47	300m	03:55.13	350m	04:35.36
						40.09		39.74		39.55		39.43		39.66		40.23
	400m	05:15.44	450m	05:55.75	500m	06:36.12	550m	07:16.23	600m	07:56.32	650m	08:36.66	700m	09:17.38	750m	09:58.71
		40.08		40.31		40.37		40.11		40.09		40.34		40.72		41.33
	800m	10:39.95	850m	11:20.87	900m	12:02.06	950m	12:43.08	1000m	13:24.59	1050m	14:05.49	1100m	14:46.79	1150m	15:28.12
		41.24		40.92		41.19		41.02		41.51		40.90		41.30		41.33
	1200m	16:09.37	1250m	16:50.30	1300m	17:31.78	1350m	18:12.85	1400m	18:53.89	1450m	19:34.78	1500m	20:14.64		
		41.25		40.93		41.48		41.07		41.04		40.89		39.86		
7.	4/6	GYURICZA Kira	2013		Békéscsabai EUK	20:46.69		+01:41.30	402							
	R.Idő	00.73	50m	35.44	100m	01:15.92	150m	01:57.42	200m	02:38.97	250m	03:20.67	300m	04:02.32	350m	04:44.04
						40.48		41.50		41.55		41.70		41.65		41.72
	400m	05:26.20	450m	06:08.11	500m	06:50.14	550m	07:32.33	600m	08:14.16	650m	08:56.44	700m	09:39.60	750m	10:21.21
		42.16		41.91		42.03		42.19		41.83		42.28		43.16		41.61
	800m	11:03.82	850m	11:45.12	900m	12:27.19	950m	13:09.23	1000m	13:51.46	1050m	14:33.36	1100m	15:14.83	1150m	15:56.72
		42.61		41.30		42.07		42.04		42.23		41.90		41.47		41.89
	1200m	16:38.68	1250m	17:20.66	1300m	18:03.09	1350m	18:44.97	1400m	19:27.17	1450m	20:07.62	1500m	20:46.69		
		41.96		41.98		42.43		41.88		42.20		40.45		39.07		
8.	4/3	GASPARICS-SZIGETI Lilla	2013		Kaposvári Sportközpont és Sportis	21:10.72		+02:05.33	380							
	R.Idő	00.83	50m	38.02	100m	01:20.44	150m	02:02.85	200m	02:45.51	250m	03:28.18	300m	04:11.55	350m	04:54.88
						42.42		42.41		42.66		42.67		43.37		43.33
	400m	05:37.75	450m	06:20.98	500m	07:04.19	550m	07:46.89	600m	08:29.38	650m	09:12.39	700m	09:54.96	750m	10:37.21
		42.87		43.23		43.21		42.70		42.49		43.01		42.57		42.25
	800m	11:20.16	850m	12:02.87	900m	12:45.94	950m	13:28.32	1000m	14:11.08	1050m	14:53.27	1100m	15:35.71	1150m	16:18.16
		42.95		42.71		43.07		42.38		42.76		42.19		42.44		42.45
	1200m	17:00.80	1250m	17:43.54	1300m	18:26.51	1350m	19:08.65	1400m	19:51.30	1450m	20:32.98	1500m	21:10.72		
		42.64		42.74		42.97		42.14		42.65		41.68		37.74		

KORCSOPORTOS EREDMÉNY

1500 m női gyors

36. versenyszám

Cápa 11

Évjárat	Csúcs	Név	Helyszín	Dátum
12	17:20.02	KÉSELY Ajna	Eger	2013/08/01
11	18:25.53	VERRASZTÓ Evelyn	Budapest	2000/12/15

Hely	Pálya	Név	Szül.		Orsz.	Klub	Idő	Gap	AQUA							
9.	2/1	PODHORSZKI Csenge Edit	2013			DKSE Dunaújváros	21:30.41	+02:25.02	362							
	R.Idő	00.72	50m	35.02	100m	01:16.60	150m	02:00.47	200m	02:43.03	250m	03:26.53	300m	04:09.31	350m	04:50.76
						41.58		43.87		42.56		43.50		42.78		41.45
	400m	05:34.71	450m	06:18.12	500m	07:02.17	550m	07:46.63	600m	08:30.23	650m	09:13.38	700m	09:58.15	750m	10:41.31
		43.95		43.41		44.05		44.46		43.60		43.15		44.77		43.16
	800m	11:25.56	850m	12:08.85	900m	12:52.46	950m	13:36.48	1000m	14:20.25	1050m	15:03.97	1100m	15:47.91	1150m	16:31.48
		44.25		43.29		43.61		44.02		43.77		43.72		43.94		43.57
	1200m	17:15.91	1250m	17:59.89	1300m	18:43.86	1350m	19:27.02	1400m	20:09.50	1450m	20:51.35	1500m	21:30.41		
		44.43		43.98		43.97		43.16		42.48		41.85		39.06		
10.	4/7	PERGER Rebeka	2013			Rája 94 Úszóklub	21:42.61	+02:37.22	352							
	R.Idő	00.87	50m	39.09	100m	01:22.00	150m	02:06.02	200m	02:49.69	250m	03:33.81	300m	04:17.52	350m	05:01.47
						42.91		44.02		43.67		44.12		43.71		43.95
	400m	05:45.55	450m	06:29.70	500m	07:13.17	550m	07:56.96	600m	08:40.40	650m	09:24.04	700m	10:07.67	750m	10:51.71
		44.08		44.15		43.47		43.79		43.44		43.64		43.63		44.04
	800m	11:35.67	850m	12:20.17	900m	13:03.90	950m	13:48.28	1000m	14:32.30	1050m	15:16.48	1100m	16:00.42	1150m	16:44.43
		43.96		44.50		43.73		44.38		44.02		44.18		43.94		44.01
	1200m	17:28.06	1250m	18:11.97	1300m	18:55.60	1350m	19:38.91	1400m	20:22.24	1450m	21:03.71	1500m	21:42.61		
		43.63		43.91		43.63		43.31		43.33		41.47		38.90		
11.	4/8	PESZLEG Bianka	2013			Bohóchal Egyesület	21:57.04	+02:51.65	341							
	R.Idő	00.94	50m	38.94	100m	01:22.82	150m	02:06.48	200m	02:50.45	250m	03:33.96	300m	04:18.08	350m	05:01.94
						43.88		43.66		43.97		43.51		44.12		43.86
	400m	05:46.35	450m	06:30.20	500m	07:13.40	550m	07:57.01	600m	08:40.69	650m	09:24.50	700m	10:08.91	750m	10:54.03
		44.41		43.85		43.20		43.61		43.68		43.81		44.41		45.12
	800m	11:38.43	850m	12:22.83	900m	13:07.09	950m	13:51.66	1000m	14:36.32	1050m	15:21.10	1100m	16:05.56	1150m	16:49.85
		44.40		44.40		44.26		44.57		44.66		44.78		44.46		44.29
	1200m	17:35.06	1250m	18:19.50	1300m	19:04.13	1350m	19:48.55	1400m	20:32.67	1450m	21:15.51	1500m	21:57.04		
		45.21		44.44		44.63		44.42		44.12		42.84		41.53		
12.	4/9	GERA-PANYOR Viola	2013			Hód Úszó SE	23:28.91	+04:23.52	278							
	R.Idő	00.74	50m	38.64	100m	01:23.50	150m	02:08.59	200m	02:53.93	250m	03:40.36	300m	04:27.51	350m	05:14.33
						44.86		45.09		45.34		46.43		47.15		46.82
	400m	06:01.73	450m	06:49.06	500m	07:36.48	550m	08:23.48	600m	09:11.30	650m	09:59.10	700m	10:46.90	750m	11:34.84
		47.40		47.33		47.42		47.00		47.82		47.80		47.80		47.94
	800m	12:22.23	850m	13:10.41	900m	13:58.45	950m	14:46.51	1000m	15:35.21	1050m	16:23.77	1100m	17:12.98	1150m	18:01.09
		47.39		48.18		48.04		48.06		48.70		48.56		49.21		48.11
	1200m	18:49.33	1250m	19:37.49	1300m	20:25.36	1350m	21:12.20	1400m	21:58.88	1450m	22:44.84	1500m	23:28.91		
		48.24		48.16		47.87		46.84		46.68		45.96		44.07		
DNS	2/2	TÖMÖR Janka	2013			BVSC-Zugló										

KORCSOPORTOS EREDMÉNY

1500 m női gyors

36. versenyszám

Cápa 12

Évjárat	Csúcs	Név	Helyszín	Dátum
12	17:20.02	KÉSELY Ajna	Eger	2013/08/01
11	18:25.53	VERRASZTÓ Evelyn	Budapest	2000/12/15

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA								
1.	1/4	KÁDÁR Csenge	2012		Tatabányai Vizmű SE	18:03.48		613								
	R.Idő	00.84	50m	32.80	100m	01:08.46	150m	01:43.67	200m	02:20.01	250m	02:56.06	300m	03:32.05	350m	04:07.99
						35.66		35.21		36.34		36.05		35.99		35.94
	400m	04:44.29	450m	05:20.14	500m	05:56.39	550m	06:32.61	600m	07:08.90	650m	07:45.29	700m	08:21.66	750m	08:57.96
		36.30		35.85		36.25		36.22		36.29		36.39		36.37		36.30
	800m	09:34.55	850m	10:11.05	900m	10:47.56	950m	11:23.88	1000m	12:00.30	1050m	12:36.74	1100m	13:13.25	1150m	13:49.79
		36.59		36.50		36.51		36.32		36.42		36.44		36.51		36.54
	1200m	14:26.53	1250m	15:02.37	1300m	15:38.93	1350m	16:15.46	1400m	16:52.51	1450m	17:27.93	1500m	18:03.48		
		36.74		35.84		36.56		36.53		37.05		35.42		35.55		
2.	1/5	KOVÁCS-LESZKAY Zoé	2012		Iron Swim SE	18:15.85	+12.37	592								
	R.Idő	00.79	50m	32.80	100m	01:08.81	150m	01:44.42	200m	02:20.68	250m	02:56.78	300m	03:33.16	350m	04:09.19
						36.01		35.61		36.26		36.10		36.38		36.03
	400m	04:45.73	450m	05:22.17	500m	05:58.83	550m	06:35.46	600m	07:12.48	650m	07:49.18	700m	08:26.31	750m	09:03.34
		36.54		36.44		36.66		36.63		37.02		36.70		37.13		37.03
	800m	09:40.01	850m	10:16.73	900m	10:53.76	950m	11:30.57	1000m	12:07.90	1050m	12:44.96	1100m	13:21.88	1150m	13:59.01
		36.67		36.72		37.03		36.81		37.33		37.06		36.92		37.13
	1200m	14:36.09	1250m	15:12.52	1300m	15:49.69	1350m	16:26.39	1400m	17:03.09	1450m	17:39.64	1500m	18:15.85		
		37.08		36.43		37.17		36.70		36.70		36.55		36.21		
3.	1/6	ZIMÁNYI Livia	2012		Darnyi Tamás SC	18:27.73	+24.25	573								
	R.Idő	00.75	50m	33.24	100m	01:09.69	150m	01:46.96	200m	02:24.24	250m	03:01.51	300m	03:38.74	350m	04:15.81
						36.45		37.27		37.28		37.27		37.23		37.07
	400m	04:52.73	450m	05:29.71	500m	06:06.81	550m	06:43.95	600m	07:20.65	650m	07:57.62	700m	08:34.31	750m	09:10.97
		36.92		36.98		37.10		37.14		36.70		36.97		36.69		36.66
	800m	09:47.61	850m	10:24.81	900m	11:01.81	950m	11:38.97	1000m	12:16.18	1050m	12:53.47	1100m	13:30.68	1150m	14:08.15
		36.64		37.20		37.00		37.16		37.21		37.29		37.21		37.47
	1200m	14:45.58	1250m	15:23.10	1300m	16:00.13	1350m	16:37.34	1400m	17:14.68	1450m	17:51.66	1500m	18:27.73		
		37.43		37.52		37.03		37.21		37.34		36.98		36.07		
4.	1/2	FÁBIÁN Laura	2012		A Jövő SC	18:34.25	+30.77	563								
	R.Idő	00.84	50m	33.34	100m	01:09.80	150m	01:46.47	200m	02:23.85	250m	03:00.84	300m	03:38.47	350m	04:15.48
						36.46		36.67		37.38		36.99		37.63		37.01
	400m	04:52.73	450m	05:29.62	500m	06:06.75	550m	06:43.72	600m	07:20.77	650m	07:57.80	700m	08:34.96	750m	09:11.69
		37.25		36.89		37.13		36.97		37.05		37.03		37.16		36.73
	800m	09:49.27	850m	10:26.62	900m	11:04.41	950m	11:41.96	1000m	12:19.56	1050m	12:57.18	1100m	13:35.30	1150m	14:12.79
		37.58		37.35		37.79		37.55		37.60		37.62		38.12		37.49
	1200m	14:50.86	1250m	15:28.52	1300m	16:06.69	1350m	16:43.84	1400m	17:21.87	1450m	17:58.74	1500m	18:34.25		
		38.07		37.66		38.17		37.15		38.03		36.87		35.51		
5.	1/3	SÁNDOR Sarolta	2012		Zalaco ZÜK	18:34.77	+31.29	562								
	R.Idő	00.74	50m	33.41	100m	01:09.93	150m	01:46.65	200m	02:24.03	250m	03:01.33	300m	03:38.78	350m	04:15.71
						36.52		36.72		37.38		37.30		37.45		36.93
	400m	04:52.86	450m	05:29.60	500m	06:06.65	550m	06:43.57	600m	07:20.65	650m	07:57.52	700m	08:34.55	750m	09:11.67
		37.15		36.74		37.05		36.92		37.08		36.87		37.03		37.12
	800m	09:49.19	850m	10:26.56	900m	11:04.28	950m	11:42.01	1000m	12:19.35	1050m	12:57.11	1100m	13:35.09	1150m	14:12.74
		37.52		37.37		37.72		37.73		37.34		37.76		37.98		37.65
	1200m	14:50.52	1250m	15:28.43	1300m	16:06.35	1350m	16:43.84	1400m	17:21.88	1450m	17:58.86	1500m	18:34.77		
		37.78		37.91		37.92		37.49		38.04		36.98		35.91		
6.	1/7	VARGA Izabella	2012		NivoMed Egyesület	19:13.39	+01:09.91	508								
	R.Idő	00.85	50m	33.45	100m	01:09.96	150m	01:48.38	200m	02:26.56	250m	03:04.84	300m	03:43.43	350m	04:22.04
						36.51		38.42		38.18		38.28		38.59		38.61
	400m	05:00.81	450m	05:39.64	500m	06:18.31	550m	06:57.21	600m	07:35.95	650m	08:15.17	700m	08:53.54	750m	09:32.29
		38.77		38.83		38.67		38.90		38.74		39.22		38.37		38.75
	800m	10:10.74	850m	10:49.52	900m	11:28.04	950m	12:06.82	1000m	12:45.47	1050m	13:24.58	1100m	14:04.31	1150m	14:43.48
		38.45		38.78		38.52		38.78		38.65		39.11		39.73		39.17
	1200m	15:22.31	1250m	16:01.32	1300m	16:40.07	1350m	17:18.93	1400m	17:57.63	1450m	18:36.28	1500m	19:13.39		
		38.83		39.01		38.75		38.86		38.70		38.65		37.11		
7.	3/4	RAKACZKY Villő	2012		Darnyi Tamás SC	19:14.90	+01:11.42	506								
	R.Idő	00.68	50m	32.35	100m	01:10.61	150m	01:49.08	200m	02:27.32	250m	03:06.16	300m	03:44.75	350m	04:23.06
						38.26		38.47		38.24		38.84		38.59		38.31
	400m	05:01.68	450m	05:40.88	500m	06:19.23	550m	06:57.96	600m	07:36.22	650m	08:15.04	700m	08:53.38	750m	09:32.16
		38.62		39.20		38.35		38.73		38.26		38.82		38.34		38.78
	800m	10:11.27	850m	10:50.17	900m	11:29.60	950m	12:08.76	1000m	12:47.66	1050m	13:26.68	1100m	14:05.42	1150m	14:44.60
		39.11		38.90		39.43		39.16		38.90		39.02		38.74		39.18
	1200m	15:23.72	1250m	16:02.89	1300m	16:41.77	1350m	17:20.96	1400m	18:00.27	1450m	18:38.15	1500m	19:14.90		
		39.12		39.17		38.88		39.19		39.31		37.88		36.75		
8.	3/6	TAJNAI Lilla	2012		Hód Úszó SE	19:21.26	+01:17.78	498								
	R.Idő	00.67	50m	34.12	100m	01:11.46	150m	01:49.48	200m	02:27.94	250m	03:06.40	300m	03:45.23	350m	04:24.44
						37.34		38.02		38.46		38.46		38.83		39.21
	400m	05:02.75	450m	05:40.90	500m	06:19.41	550m	06:58.00	600m	07:36.43	650m	08:15.30	700m	08:54.62	750m	09:33.86
		38.31		38.15		38.51		38.59		38.43		38.87		39.32		39.24
	800m	10:12.43	850m	10:51.87	900m	11:30.92	950m	12:10.57	1000m	12:49.17	1050m	13:28.91	1100m	14:08.04	1150m	14:48.17
		38.57		39.44		39.05		39.65		38.60		39.74		39.13		40.13
	1200m	15:27.37	1250m	16:07.55	1300m	16:46.96	1350m	17:26.83	1400m	18:05.88	1450m	18:44.95	1500m	19:21.26		
		39.20		40.18		39.41		39.87		39.05		39.07		36.31		

