

1500 m férfi gyors

Országos csúcs: 14:45.66 (Kis Gergő - 1970)

2006 és idősebb

1.	Györe Ádám	2004			Egri ÚK			16:44,12	652p
	50m: 0:30,41	100m: 1:03,95	150m: 1:37,52	200m: 2:11,49	250m: 2:45,44	300m: 3:19,38	350m: 3:53,21		
	400m: 4:27,56	450m: 5:01,34	500m: 5:35,81	550m: 6:08,76	600m: 6:42,96	650m: 7:16,34	700m: 7:50,60		
	750m: 8:23,95	800m: 8:58,26	850m: 9:31,40	900m: 10:05,73	950m: 10:39,07	1000m: 11:13,45	1050m: 11:46,08		
	1100m:12:18,71	1150m:12:51,98	1200m:13:25,22	1250m:13:58,71	1300m:14:32,17	1350m:15:05,99	1400m:15:39,40		
	1450m:16:12,91								
	Edzője:								
2.	Török Gergely	2003			Egri ÚK			17:10,46	603p
	50m: 0:30,80	100m: 1:04,16	150m: 1:38,67	200m: 2:13,26	250m: 2:48,17	300m: 3:22,57	350m: 3:57,19		
	400m: 4:31,60	450m: 5:06,19	500m: 5:40,53	550m: 6:14,89	600m: 6:49,17	650m: 7:23,72	700m: 7:58,10		
	750m: 8:32,31	800m: 9:06,90	850m: 9:41,54	900m: 10:15,95	950m: 10:50,56	1000m: 11:24,99	1050m: 11:59,33		
	1100m:12:33,73	1150m:13:08,77	1200m:13:43,28	1250m:14:18,03	1300m:14:52,70	1350m:15:27,54	1400m:16:02,48		
	1450m:16:36,98								
3.	Csernyik Dániel	2006			Nyíregyházi Sportc			17:46,11	545p
	50m: 0:30,78	100m: 1:04,90	150m: 1:40,24	200m: 2:15,78	250m: 2:51,17	300m: 3:27,15	350m: 4:02,71		
	400m: 4:38,73	450m: 5:14,50	500m: 5:50,29	550m: 6:26,05	600m: 7:02,05	650m: 7:37,68	700m: 8:13,61		
	750m: 8:49,62	800m: 9:25,75	850m: 10:01,78	900m: 10:37,80	950m: 11:13,16	1000m: 11:49,18	1050m: 12:25,06		
	1100m:13:01,08	1150m:13:36,98	1200m:14:12,59	1250m:14:48,59	1300m:15:24,65	1350m:16:00,27	1400m:16:36,00		
	1450m:17:11,53								
4.	Haba Balázs	2006			Debr.SC SI			18:16,09	501p
	50m: 0:31,74	100m: 1:07,05	150m: 1:43,10	200m: 2:19,37	250m: 2:56,30	300m: 3:32,97	350m: 4:09,74		
	400m: 4:46,90	450m: 5:23,92	500m: 6:00,66	550m: 6:36,44	600m: 7:11,84	650m: 7:47,73	700m: 8:24,92		
	750m: 9:02,27	800m: 9:39,40	850m: 10:17,08	900m: 10:54,71	950m: 11:32,24	1000m:12:09,56	1050m:12:45,41		
	1100m:13:21,71	1150m:13:58,85	1200m:14:35,89	1250m:15:13,32	1300m:15:50,62	1350m:16:26,67	1400m:17:03,48		
	1450m:17:40,30								

2007-2008

1.	Kaló Kristóf	2007			Egri ÚK			16:57,58	627p
	50m: 0:30,48	100m: 1:04,46	150m: 1:38,63	200m: 2:13,34	250m: 2:47,93	300m: 3:22,50	350m: 3:56,56		
	400m: 4:30,91	450m: 5:04,97	500m: 5:39,42	550m: 6:13,89	600m: 6:48,29	650m: 7:22,15	700m: 7:56,14		
	750m: 8:30,12	800m: 9:04,16	850m: 9:38,05	900m: 10:12,15	950m: 10:45,65	1000m:11:19,57	1050m:11:53,35		
	1100m:12:27,64	1150m:13:01,72	1200m:13:36,35	1250m:14:10,10	1300m:14:44,03	1350m:15:17,95	1400m:15:52,07		
	1450m:16:25,40								
	Edzője:								
2.	Kenyeres Gergő	2008			Debr.SC SI			17:29,07	572p
	50m: 0:30,92	100m: 1:05,33	150m: 1:40,45	200m: 2:15,60	250m: 2:50,68	300m: 3:25,56	350m: 4:00,79		
	400m: 4:35,79	450m: 5:10,60	500m: 5:45,37	550m: 6:20,16	600m: 6:54,66	650m: 7:29,54	700m: 8:04,29		
	750m: 8:39,24	800m: 9:14,37	850m: 9:49,39	900m: 10:24,51	950m: 10:59,68	1000m:11:35,07	1050m:12:10,18		
	1100m:12:46,13	1150m:13:21,34	1200m:13:56,90	1250m:14:32,52	1300m:15:08,29	1350m:15:44,03	1400m:16:19,85		
	1450m:16:55,37								
3.	Mikita Zalán	2007			Debr.SC SI			17:52,49	535p
	50m: 0:30,84	100m: 1:05,03	150m: 1:39,16	200m: 2:14,01	250m: 2:48,76	300m: 3:23,71	350m: 3:58,79		
	400m: 4:34,47	450m: 5:10,35	500m: 5:46,19	550m: 6:22,10	600m: 6:58,55	650m: 7:34,24	700m: 8:10,59		
	750m: 8:47,30	800m: 9:23,87	850m: 10:01,01	900m: 10:37,02	950m: 11:13,80	1000m:11:50,40	1050m:12:27,41		
	1100m:13:03,90	1150m:13:40,02	1200m:14:17,37	1250m:14:53,32	1300m:15:29,41	1350m:16:05,47	1400m:16:41,53		
	1450m:17:17,69								

1500 m férfi gyors

Országos csúcs: 14:45.66 (Kis Gergő - 1970)

2007-2008

4.	Szilágyi Barna	2008			Debr.SC SI			18:33,15	479p
	50m: 0:31,44	100m: 1:06,32	150m: 1:42,26	200m: 2:18,84	250m: 2:55,61	300m: 3:32,70	350m: 4:09,41		
	400m: 4:46,50	450m: 5:23,48	500m: 6:00,59	550m: 6:37,20	600m: 7:14,14	650m: 7:51,34	700m: 8:28,74		
	750m: 9:06,35	800m: 9:43,82	850m: 10:20,90	900m: 10:58,07	950m: 11:35,19	1000m:12:12,36	1050m:12:49,78		
	1100m:13:28,21	1150m:14:06,34	1200m:14:44,84	1250m:15:23,29	1300m:16:01,67	1350m:16:39,94	1400m:17:17,88		
	1450m:17:56,11								

2009-2010

1.	Nahalka Bence	2009	Egri ÚK	18:42,74	466p
	50m: 0:33,17 100m: 1:10,44 150m: 1:47,80 200m: 2:25,53 250m: 3:03,15 300m: 3:40,76 350m: 4:18,91				
	400m: 4:56,60 450m: 5:34,18 500m: 6:11,84 550m: 6:49,43 600m: 7:26,70 650m: 8:04,60 700m: 8:42,34				
	750m: 9:20,21 800m: 9:57,70 850m: 10:35,28 900m: 11:13,23 950m: 11:50,99 1000m: 12:28,67 1050m: 13:06,70				
	1100m:13:44,32 1150m:14:21,92 1200m:14:59,28 1250m:15:37,34 1300m:16:14,67 1350m:16:52,28 1400m:17:29,89				
	1450m:18:07,08				
	Edzője:				
2.	Kis Norbert	2009	BÚKE	18:52,18	455p
	50m: 0:30,95 100m: 1:07,68 150m: 1:46,39 200m: 2:24,77 250m: 3:02,89 300m: 3:40,83 350m: 4:18,97				
	400m: 4:56,88 450m: 5:35,12 500m: 6:13,78 550m: 6:51,95 600m: 7:30,17 650m: 8:08,69 700m: 8:46,94				
	750m: 9:25,90 800m: 10:04,37 850m: 10:43,39 900m: 11:21,36 950m: 11:59,83 1000m:12:38,36 1050m:13:17,60				
	1100m:13:56,19 1150m:14:34,62 1200m:15:12,83 1250m:15:50,86 1300m:16:28,66 1350m:17:06,41 1400m:17:43,76				
	1450m:18:16,83				
3.	Kendrella Bence	2010	BÚKE	19:06,12	438p
	50m: 0:33,87 100m: 1:12,03 150m: 1:50,74 200m: 2:30,35 250m: 3:09,07 300m: 3:47,86 350m: 4:26,91				
	400m: 5:05,79 450m: 5:44,95 500m: 6:23,79 550m: 7:02,91 600m: 7:41,51 650m: 8:20,09 700m: 8:58,85				
	750m: 9:37,35 800m: 10:14,89 850m: 10:53,34 900m: 11:31,29 950m: 12:09,63 1000m:12:47,81 1050m:13:26,34				
	1100m:14:04,83 1150m:14:43,57 1200m:15:22,13 1250m:16:01,25 1300m:16:39,61 1350m:17:18,13 1400m:17:56,11				
	1450m:18:32,26				
4.	Vezendi Gergő	2010	Debr.SC SI	19:10,23	434p
	50m: 0:33,33 100m: 1:11,59 150m: 1:50,49 200m: 2:28,64 250m: 4:24,82 300m: 3:45,94 350m: 5:42,46				
	400m: 5:03,47 450m: 6:59,98 500m: 6:21,06 550m: 8:18,76 600m: 7:39,71 650m: 9:35,57 700m: 8:57,19				
	750m: 10:52,68 800m: 10:14,14 850m: 12:09,60 900m: 11:30,71 950m: 13:26,43 1000m:12:47,73 1050m:14:43,75				
	1100m:14:04,97 1150m:16:01,34 1200m:15:22,13 1250m:17:18,29 1300m:16:39,81 1350m:18:33,20 1400m:17:56,61				
5.	Bálint Benedek	2010	Debr.SC SI	20:00,44	382p
	50m: 0:34,29 100m: 1:13,14 150m: 1:52,58 200m: 2:32,11 250m: 3:12,14 300m: 3:52,52 350m: 4:32,68				
	400m: 5:13,07 450m: 5:54,15 500m: 6:34,21 550m: 7:15,05 600m: 7:54,86 650m: 8:35,58 700m: 9:15,68				
	750m: 9:56,03 800m: 10:36,26 850m: 11:16,61 900m: 11:57,29 950m: 12:38,55 1000m:13:18,45 1050m:13:59,04				
	1100m:14:39,48 1150m:15:20,51 1200m:16:00,82 1250m:16:41,74 1300m:17:22,35 1350m:18:03,57 1400m:18:45,04				
	1450m:19:24,27				
6.	Kendrella Máté	2010	BÚKE	20:22,54	361p
	50m: 0:35,42 100m: 1:15,25 150m: 1:55,92 200m: 2:37,28 250m: 3:18,73 300m: 3:59,61 350m: 4:40,71				
	400m: 5:21,92 450m: 6:03,24 500m: 6:44,09 550m: 7:25,44 600m: 8:06,24 650m: 8:47,67 700m: 9:28,22				
	750m: 10:09,54 800m: 10:50,50 850m: 11:31,18 900m: 12:11,90 950m: 12:53,86 1000m:13:35,38 1050m:14:15,45				
	1100m:14:55,99 1150m:15:37,79 1200m:16:18,39 1250m:17:00,59 1300m:17:42,12 1350m:18:23,72 1400m:19:05,27				
	1450m:19:45,57				

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2009-2010

7.	Nyéki Benett	2010			BÚKE			20:59,34	330p
	50m: 0:36,57	100m: 1:17,73	150m: 1:59,21	200m: 2:41,55	250m: 3:23,77	300m: 4:05,11	350m: 4:46,89		
	400m: 5:28,75	450m: 6:11,54	500m: 6:53,65	550m: 7:36,23	600m: 8:18,41	650m: 9:00,30	700m: 9:42,60		
	750m: 10:25,38	800m: 11:07,89	850m: 11:50,59	900m: 12:33,00	950m: 13:16,21	1000m:13:58,70	1050m:14:41,31		
	1100m:15:23,50	1150m:16:06,51	1200m:16:49,20	1250m:17:31,80	1300m:18:13,96	1350m:18:56,33	1400m:19:38,19		
	1450m:20:19,63								
8.	Erdei Tamás	2010			Debr.SC SI			21:52,53	292p
	50m: 0:39,72	100m: 1:22,46	150m: 2:06,68	200m: 2:50,60	250m: 3:33,38	300m: 4:17,43	350m: 5:00,71		
	400m: 5:45,14	450m: 6:29,46	500m: 7:12,85	550m: 7:57,41	600m: 8:42,05	650m: 9:25,46	700m: 10:08,63		
	750m: 10:52,07	800m: 11:35,60	850m: 12:19,44	900m: 13:03,72	950m: 13:48,49	1000m:14:33,69	1050m:15:18,67		
	1100m:16:03,37	1150m:16:47,39	1200m:17:32,14	1250m:18:17,80	1300m:19:03,01	1350m:19:47,73	1400m:20:30,88		
	1450m:21:12,96								

2011-2012

1.	Lakatos Gábor	2011	Debr.SC SI	20:15,03	368p
	50m: 0:35,66 100m: 1:15,63 150m: 1:56,70 200m: 2:37,40 250m: 3:18,63 300m: 3:59,68 350m: 4:40,83				
	400m: 5:22,06 450m: 6:03,07 500m: 6:44,25 550m: 7:25,31 600m: 8:06,08 650m: 8:46,96 700m: 9:27,83				
	750m: 10:08,62 800m: 10:49,33 850m: 11:29,82 900m: 12:10,31 950m: 12:50,90 1000m:13:31,54 1050m:14:12,12				
	1100m:14:52,60 1150m:15:33,27 1200m:16:13,95 1250m:16:54,42 1300m:17:35,05 1350m:18:15,72 1400m:18:56,10				
	1450m:19:36,40				
	Edzője:				
2.	Májor Zétény	2011	BátoriS.ÚE	20:31,47	353p
	50m: 0:35,89 100m: 1:16,82 150m: 1:58,36 200m: 2:40,22 250m: 3:22,43 300m: 4:03,52 350m: 4:46,14				
	400m: 5:28,19 450m: 6:10,53 500m: 6:53,24 550m: 7:34,43 600m: 8:16,16 650m: 8:57,31 700m: 9:39,33				
	750m: 10:20,29 800m: 11:01,18 850m: 11:41,79 900m: 12:23,28 950m: 13:03,80 1000m:13:45,04 1050m:14:25,48				
	1100m:15:07,14 1150m:15:47,68 1200m:16:29,01 1250m:17:09,89 1300m:17:51,85 1350m:18:32,14 1400m:19:13,18				
	1450m:19:53,03				
3.	Piros Patrik	2012	Debr.SC SI	21:10,72	322p
	50m: 0:36,72 100m: 1:19,24 150m: 2:02,17 200m: 2:44,85 250m: 3:28,07 300m: 4:11,20 350m: 4:53,83				
	400m: 5:36,44 450m: 6:19,71 500m: 7:02,32 550m: 7:45,63 600m: 8:28,64 650m: 9:11,20 700m: 9:54,05				
	750m: 10:37,19 800m: 11:20,25 850m: 12:03,08 900m: 12:45,63 950m: 13:28,88 1000m:14:11,09 1050m:14:53,96				
	1100m:15:36,62 1150m:16:19,37 1200m:17:02,04 1250m:17:44,31 1300m:18:26,21 1350m:19:08,71 1400m:19:50,67				
	1450m:20:31,62				
4.	Velekei Benedek	2012	Debr.SC SI	21:51,73	292p
	50m: 0:37,95 100m: 1:21,44 150m: 2:05,95 200m: 2:49,68 250m: 3:34,05 300m: 4:18,74 350m: 5:03,95				
	400m: 5:46,95 450m: 6:32,39 500m: 7:16,34 550m: 8:00,60 600m: 8:44,59 650m: 9:28,24 700m: 10:12,25				
	750m: 10:55,46 800m: 11:40,24 850m: 12:24,78 900m: 13:08,14 950m: 13:52,62 1000m:14:37,63 1050m:15:21,65				
	1100m:16:05,18 1150m:16:50,75 1200m:17:34,47 1250m:18:18,98 1300m:19:02,29 1350m:19:46,85 1400m:20:30,23				
	1450m:21:12,52				
5.	Kovács Ádám Attila	2012	Debr.SC SI	21:53,24	291p
	50m: 0:37,77 100m: 1:21,22 150m: 2:04,13 200m: 2:47,05 250m: 3:31,65 300m: 4:15,36 350m: 4:59,03				
	400m: 5:43,63 450m: 6:27,92 500m: 7:11,78 550m: 7:56,54 600m: 8:40,16 650m: 9:23,07 700m: 10:07,17				
	750m: 10:51,63 800m: 11:35,29 850m: 12:18,69 900m: 13:03,65 950m: 13:48,38 1000m:14:32,56 1050m:15:18,35				
	1100m:16:03,42 1150m:16:47,28 1200m:17:32,21 1250m:18:17,55 1300m:19:02,54 1350m:19:46,47 1400m:20:30,32				
	1450m:21:12,81				

1500 m férfi gyors

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2011-2012

6.	Koroknai Balázs	2011	Debr.SC SI	21:59,54	287p		
	50m: 0:37,00	100m: 1:22,29	150m: 2:07,05	200m: 2:51,41	250m: 3:34,26	300m: 4:18,24	350m: 5:02,62
	400m: 5:47,57	450m: 6:31,73	500m: 7:15,36	550m: 8:01,10	600m: 8:44,93	650m: 9:30,24	700m: 10:15,50
	750m: 10:59,06	800m: 11:44,68	850m: 12:29,91	900m: 13:14,22	950m: 14:00,25	1000m:14:43,33	1050m:15:28,79
	1100m:16:13,94	1150m:16:56,73	1200m:17:41,58	1250m:18:25,37	1300m:19:08,18	1350m:19:52,20	1400m:20:34,96
	1450m:21:17,39						
7.	Végh András	2012	Debr.SC SI	22:09,87	280p		
	50m: 0:37,96	100m: 1:22,98	150m: 2:08,44	200m: 2:52,36	250m: 3:37,39	300m: 4:21,41	350m: 5:05,74
	400m: 5:51,61	450m: 6:37,30	500m: 7:21,70	550m: 8:05,95	600m: 8:51,01	650m: 9:35,70	700m: 10:20,34
	750m: 11:03,53	800m: 11:48,28	850m: 12:31,78	900m: 13:15,39	950m: 13:59,42	1000m:14:42,35	1050m:15:28,21
	1100m:16:12,82	1150m:16:55,82	1200m:17:40,52	1250m:18:24,95	1300m:19:10,20	1350m:19:56,10	1400m:20:42,51
	1450m:21:26,10						
8.	Barta Levente	2012	Debr.SC SI	22:55,89	253p		
	50m: 0:40,79	100m: 1:26,62	150m: 2:13,18	200m: 2:59,89	250m: 3:46,21	300m: 4:32,34	350m: 5:19,44
	400m: 6:04,92	450m: 6:51,27	500m: 7:37,51	550m: 8:23,62	600m: 9:10,21	650m: 9:57,37	700m: 10:43,48
	750m: 11:29,37	800m: 12:15,69	850m: 13:01,72	900m: 13:48,04	950m: 14:34,62	1000m:15:20,29	1050m:16:06,18
	1100m:16:52,08	1150m:17:38,27	1200m:18:24,25	1250m:19:09,61	1300m:19:55,70	1350m:20:42,04	1400m:21:27,25
	1450m:22:12,20						
9.	Drízner Tamás	2011	Debr.SC SI	23:06,54	247p		
	50m: 0:41,23	100m: 1:26,71	150m: 2:12,53	200m: 3:00,51	250m: 3:48,71	300m: 4:33,83	350m: 5:19,77
	400m: 6:04,56	450m: 6:49,07	500m: 7:35,69	550m: 8:21,57	600m: 9:07,97	650m: 9:55,31	700m: 10:41,88
	750m: 11:29,90	800m: 12:15,10	850m: 13:01,83	900m: 13:48,06	950m: 14:35,39	1000m:15:23,45	1050m:16:09,97
	1100m:16:56,94	1150m:17:44,99	1200m:18:31,85	1250m:19:19,09	1300m:20:07,22	1350m:20:52,87	1400m:21:39,19
	1450m:22:23,42						

2013

1.	Ulveczki Botond	2013	Debr.SC SI	22:57,82	252p		
	50m: 0:40,70	100m: 1:26,02	150m: 2:12,38	200m: 2:58,69	250m: 3:45,12	300m: 4:31,36	350m: 5:18,50
	400m: 6:04,98	450m: 6:51,36	500m: 7:38,00	550m: 8:24,82	600m: 9:10,91	650m: 9:57,21	700m: 10:43,95
	750m: 11:30,50	800m: 12:17,89	850m: 13:04,66	900m: 13:50,10	950m: 14:36,82	1000m: 15:22,69	1050m: 16:09,21
	1100m:16:55,46	1150m:17:41,44	1200m:18:27,33	1250m:19:13,79	1300m:19:59,50	1350m:20:46,02	1400m:21:32,19
	1450m:22:15,95						
	Edzője:						